

4-17-2014

## The Montclarion, April 17, 2014

The Montclarion

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# The Montclarion

The Student Voice of Montclair State University Since 1928

Volume XCIV, Issue 23

Thursday, April 17, 2014

THEMONTCLARION.ORG

## Physical Education Isn't Education

Ethan Fria  
News Editor

As an English major, Andy Osolin has to take a physical education class in order to graduate. That is part of the general education curriculum. This class isn't a lesson in anything; the education part is merely nominal.

The physical education model in primary and secondary schools in America began in the late 19th century following the European tradition of incorporating calisthenics and gymnastics into the school program. This is all fine and well, but this is where this requirement of physical education should end. Students in high school and middle school learn the importance of physical education and how to properly maintain themselves.

Education continued on Page 14

## Following the Fire

*Fire Safety sets out to ensure the well-being of the students, administration and campus community*



Fire Safety professionals demonstrate the proper extinguishing of a fire.

Jayna Gugliucci  
News Editor

Since the minor flames flared in Machuga Heights earlier this month, rumors surrounding the incident

have flooded the campus community. With various stories taking to the spotlight, Fire Safety has moved to set the record straight. When a candle was left unattended, the fire alarm and

subsequently the sprinkler system were inevitably activated in the building. Despite students complaining about yet "another fire drill,"

Photo courtesy of montclair.edu

Fire continued on Page 5

## Deciding the Price of Tuition

*Student voices heard on the price of education*

Natalie Smith  
Staff Writer

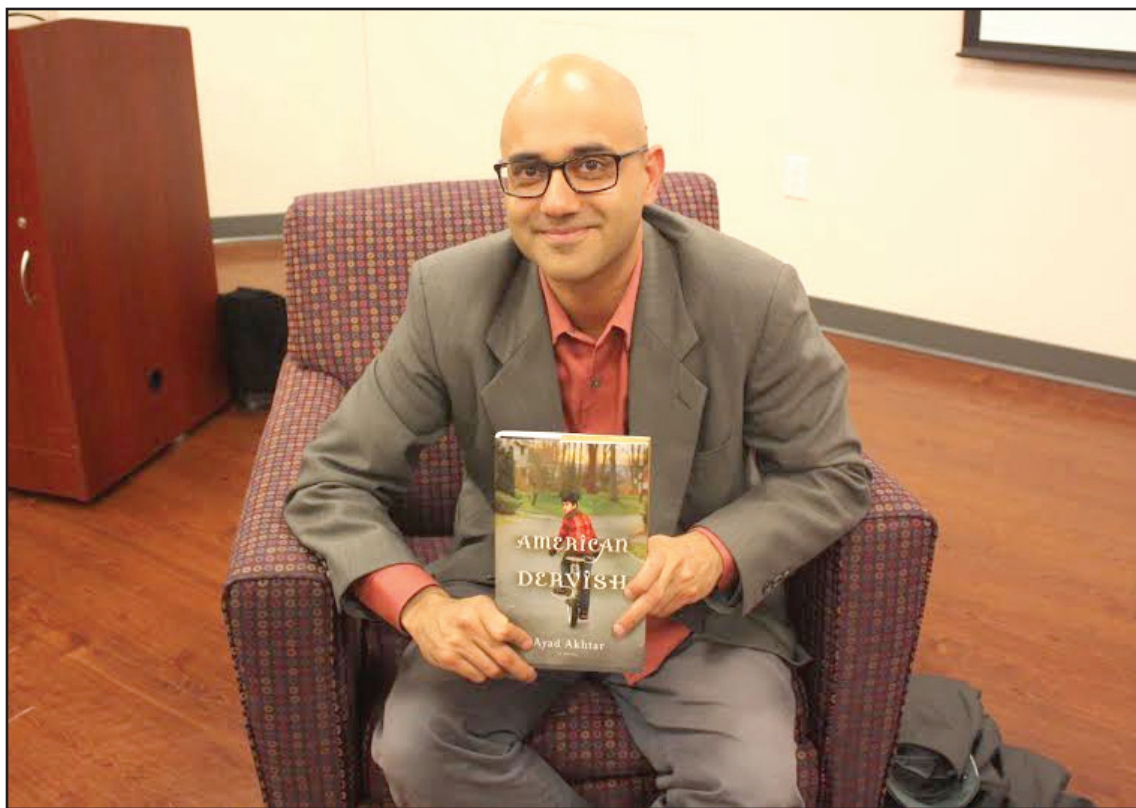
As one of the few meetings open to the public, the annual tuition hearing was one that students and faculty alike seemed to radiate towards. With the question of tuition hanging in the air, all those who could attend were poised on the edges of their seats during the entirety of the presentation.

One of the most important factors in selecting a university, focus was immediately turned to the students who were in attendance. Determined to have their voices heard, these seven students were up bright and early to present their case to their superiors.

Tuition continued on Page 6

## Pulitzer Prize-Winning Playwright Visits MSU

*Students learn the secrets to crafting award-worthy literature*



Ayad Akhtar, author of *American Dervish*.

The Montclarion | Kristen Bryfogle

Kristen Bryfogle  
Assistant Opinion Editor

"I don't subscribe to the idea that art is a public relations issue. My job as an artist isn't to make people look good. It isn't to make Muslims human."

These were the controversial words of Pulitzer Prize-winning playwright and author Ayad Akhtar during his lecture here at Montclair

State on April 8. The event, "Gender, Sexuality and Race in Islam," occurred in the Dinallo Heights multipurpose room, sponsored by the Women and Gender Studies Program.

Dr. Jeff Miller, a professor in the English Department, introduced the author and the two moderators of the event, Dr. Fawzia Afzal-Kahn of the English and Women and Gender Studies

Departments and English professor Dr. Patricia Matthew, who introduced topics, guided the conversation and probed Akhtar with questions throughout the night.

Akhtar began by talking about the inspirations for his book, *American Dervish*, and how many of the issues and characters in the novel were formed from his own life and childhood. *Ameri-*

Playwright continued on Page 5

## Red Hawks Run for a Cause



Racers take their place at the line.

Photo courtesy of gametime.com

Andrew Osolin  
Staff Writer

With the spring sun shining bright, countless students gathered at the foot of the Student Recreation Center's steps. Looking off into the distance, those prepared were ready to complete their mission of running for a great cause.

On Sunday, 155 runners congregated for the 11th annual Red Hawk Run 5K. After a pre-run stretch, led by the volunteers, the runners gathered at the starting line in Lot 19 and with the blast of an air horn, the race began.

For some runners, this was a brand new experience.

"This will be my first organized 5K run," said Chris Fiore, a junior. "An injury prevented me from running the last one I signed up for, so I'm really excited to be participating."

All of the money raised by the run went to the Father English Community Center in Paterson.

With their mission to "create hope and make a lasting difference in the lives of those who seek help within surrounding communities," the center offers social services to youths, adults, and families in need – always with a preference for the poor and most vulnerable.

Run continued on Page 5

News, p. 6

### Graduation: Intrigue

*James Patterson named as featured commencement speaker*

Feature, p. 8

### Doubling Gym Clothes as Casual Wear



Opinion, p. 13

### "It's All Here.. Eventually"

*For graduating seniors, the college clock is ticking away.*

Entertainment, p. 19

### Armin Only



Sports, p. 20

### Red Hawks Continue Historic Run

*The MSU women's lacrosse team kept their winning streak alive by the skin of their teeth.*



# THE MONTCLARION STAFF

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## THE MONTCLARION

The Montclarion is a freely distributed newspaper providing one copy per person.  
Additional copies are \$0.25.

The Montclarion is a publication of Montelican Publishing, Inc. published weekly, except during examinations, summer and winter sessions. The Montclarion is funded by student fees distributed by Montclair State University and incoming advertising revenue. The views expressed in the Opinion section, with the exception of the Main Editorial, do not necessarily reflect the views of The Montclarion.

The first issue of The Montclarion, then named The Pelican, was published on Nov. 28, 1928.

### CORRECTIONS

The Montclarion willingly corrects its factual errors. If you think there is a mistake in a story, please call Editor-in-Chief Jessica at ext. 5230.

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|---|--|---|--|

## Pelican Police Report



|   |   |  |
|---|---|--|
| <p><b>On April 2</b></p> <p>Non-student Alvaro Chaljub, 19 of Wayne, N.J. was arrested and charged with possession of marijuana and possession of drug paraphernalia while driving on Clove Road. Chaljub is scheduled to appear in Little Fall Municipal Court.</p>                  | <p><b>On April 4</b></p> <p>Student Cheri Crespo, 18, of Perth Amboy, N.J. was charged with underage consumption of alcohol in Bohn Hall. Crespo is scheduled to appear in Clifton Municipal Court. (building #47)</p>  | <p><b>On April 5</b></p> <p>Non-student Sandra Beck, 44, of Clifton, N.J. was arrested and charged with driving while intoxicated while driving on Yogi Berra Drive. Beck is scheduled to appear in Clifton Municipal Court.</p> |
| <p><b>On April 3</b></p> <p>Non-student Nelson Feliciano, 25, of Stanhope, N.J. and David Leahy, 57, of Dover, N.J. were arrested and charged by New Jersey Transit Police for stealing copper wire. Both are scheduled to appear in Little Falls Municipal Court. (building #63)</p> | <p><b>On April 4</b></p> <p>Non-student Samera Amari, 31, of Newark, N.J. was arrested and charged with terroristic threats and harassment for her involvement in contacting a student in regards to her husband's whereabouts. Amari is scheduled to appear in Little Falls Municipal Court.</p> | <p><b>On April 7</b></p> <p>Construction workers from Terminal Construction reported that materials from the construction site for the new School of Business were removed. This case is under investigation.</p>                |

Anyone who has information regarding these incidents is urged to call the police station from any campus phone at T-I-P-S (8477). All calls are strictly confidential.



# Peak Performances

## John J. Cali School of Music

presents

### MSU Wind Symphony & Symphonic Band

Cultural Connections

**Thomas McCauley, conductor**

Join the MSU Wind Symphony and the MSU Symphonic Band as they explore cultural connections from around the world via music. The program will include music from Mexico, France, England, Greece, and the United States.

**April 22 - 7:30 p.m.**

### MSU Symphony Orchestra

Spring Concert

**Ken Lam, conductor**

The MSU Symphony concludes its season with a concert showcasing works by Britten, Walton, Vaughan Williams and a new work by student composer Devon Yasamune Toyotomi. The 2013 MSU Symphony Orchestra Concerto Competition winner, Jordan Tarantino, will perform movements from the Walton Viola Concerto.

**April 23 - 7:30 p.m.**

### Harry Partch Ensemble

Spring Concert

**Charles Corey, director**

A performance of works by 20th century composer Harry Partch and others on the original Harry Partch Instrumentarium, which is housed at Montclair State.

**April 25 - 7:30 p.m.**

### MSU Singers/Vocal Accord Spring Concert

**Heather J. Buchanan, conductor**

Legacy (choral spring concert) features MSU Singers & Vocal Accord with special guests the inaugural MSU Singers Alumni Choir; Gergely Kiss, cello; and the MSU Graduate String Quartet. Repertoire highlights include "Flame" (Ben Parry), "Lobet den Herrn" (JS Bach), "Cantus Missae" Op. 109 (Rheinberger), "Reflection: Innocent Thoughts on Peace" (James Conrad Smith) – winning score in the 2013-14 Cali Choral Composition Competition, with new music by Raminsh, Sedek & Gejeilo and traditional choral favorites.

**April 26 - 8:00 p.m.**

### MSU Jazz Ensemble

Spring Concert

**Jeffrey Kunkel, director**

The MSU Jazz Ensemble will be joined by guest trumpet soloist and composer John Daversa, who was recently appointed as Director of Jazz Studies at the Frost School of Music, University of Miami, following a long career on the West Coast.

**Apr. 27 – 3:00 p.m.**



973-655-5112 | **peakperfs.org**

**Convenient parking in the Red Hawk Deck**

\*No charge for undergraduates with valid MSU ID, courtesy of your Performing Arts Fee.  
All others \$15



**MONTCLAIR STATE  
UNIVERSITY**

Photo: Montclair State University/Mike Peters





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# Rec Center Awarded



Students outside the Recreation Center.

The Montclarion | Kristen Bryfogle

**Andrew Osolin**  
Staff Writer

Student Development and Campus Life’s Department of Campus Recreation is proud to announce that two awards have been bestowed upon its Marketing Area and Professional Staff member, Alex Sperling.

The NJRPA Agency Showcase Award is in the category of Best Digital Media Promotion and an NJRPA Excellence in Programming Award.

The award was given in response to the Marketing Area’s “Go!” video, a digital promotion that was created and produced by student Robert Woods. Woods is a sophomore filmmaking major. Music for the video was written and composed by New York band, American Pinup.

The video was awarded for its creativity, variety of information and overall design. It showcases all the Student Recreation Center has to offer, including free Group Exercise classes, its two-court

gymnasium, 20+ special events, a bike rental program and over 10,000 square feet of fitness floor space. The video does a fantastic job of generating excitement for all students to make use of the facility and take advantage of its numerous benefits. It can be viewed on YouTube.

The NJRPA Excellence in Programming Award was given to Sperling, the Professional Staff Member of aquatics, for his commendable work in both conceptualizing and planning the “Cardboard Canoe Racing.”

This creative event was a hit amongst participants and introduced yet another unique and fun opportunity to enjoy the heated, indoor swimming pool.

Finished projects that have received prestigious awards represent only a fraction of the work that the Department of Campus Recreation puts forth each year. Its Marketing Area is comprised of students possessing a variety of skills ranging from graphic design, video

production, photography, web development and social media. These students work under the guidance of junior Student Supervisor Joshua Kilian-Meneghin and Marketing Coordinator Kevin Rippon.

Professional Staff Member Sperling oversees all student employees within the area of Aquatics and plans all events at the start of each academic year. As a collective unit, the Department of Campus Recreation has produced an impressive body of work.

Each year, the NJRPA recognizes several local universities and municipalities for deserving projects in the field of recreation.

It is both an honor and a privilege to have received not one, but two NJRPA Awards this year, as these acknowledgements positively reflect the hard work and dedication of not only student and faculty employees of the Department of Campus Recreation, but the University as whole.

# Fire

Continued from page 1

the evacuation of the building was completed almost immediately and before the Montclair State University Department of Fire Safety or Little Falls Fire Department even reached the scene.

Though these careless thoughts tend to resonate among members of the campus community, the Department of Fire Safety does not feel as though these alarms are not as trivial as some feel.

In fact, Robert Ferrara, the

initial activation. However, the Department of Fire Safety designed the Montclair State system in a much more effective and beneficial manner. Each time a room alarm is activated on campus grounds, the system automatically reports the incident “directly to the fire department.” As agreed upon with the Little Falls Fire Department, “an earlier, quicker response is imperative to the students” of Montclair State. “Prevent-

“The fire department comes out here so much because student safety is more important than anything else.”

- Robert Ferrera  
Director of Fire Safety

Director of the Department of Fire Safety, stressed that “the fire department comes out here so much because student safety is the more important than anything else.” Spending nearly “\$700,000 on a state-of-the-art alarm system over the past few years,” the Fire Safety team has definitely set out to prove this vital concept.

Normally, in condominium homes similar to the Heights, “all room alarms would be 110 volts.” In order to prevent the fire department from heading out on nuisance cases, these typical alarm systems “lack the proper code that notifies the fire department” upon its

ing a delayed response,” Fire Safety is certainly completing the imperative task of protecting the students, residential staff and campus grounds. Moving forward, Fire Safety will proceed with its completion of its unannounced inspections two times a year in all rooms throughout residential living. As one of the top 25 schools in the Princeton Review for Fire Safety, Montclair State will certainly continue to work in the interest of its students and community as a whole.

# Run

Continued from page 1



Rocky climbs the Rec Center steps.

Photo courtesy of montclair.edu

According to Romaine Eaker-Kelly, who organized the run, 30 volunteers as well as six professional staff members helped make the run happen.

Volunteers performed a number of different roles, including setting up for the run, directing runners along the route, handing out water at stations spread out along the run and working the registration table.

The run was sponsored by Pizza 46, 212 Salon & Day Spa, Nails & Body Work, Whole Foods Market, Provident Bank and Parabolic Performance & Rehab. One of the sponsors, Parabolic, had a tent set up in front of the Rec Center, where runners could come for a massage or a stretch before or after their run. Many students at MSU come to their center on campus for physical therapy and performance training.

“We’re here to promote health and wellness through performance training,” said Dr. Diana Ramotowski, Clinical Director for Parabolic. “Students should be aware that they have access to our services.” With many students coming to their center on campus for physical therapy and performance train-

ing, their participation could not have been more ideal.

Located in Floyd Hall Arena, the Parabolic tent also featured a machine called “Just Jump,” which measures how high you jump on it. It is typically used to track the progress that a person makes in their training or rehabilitation. On Sunday, it was mostly there for fun.

After the last runner crossed the finish line, the runners seemed pretty satisfied with the 5K. “It was a challenging route,” said Fiore after the run. “They did a good job. Definitely a good first 5K.”

Also among the satisfied runners were seniors Dan Flores and Kristen Brink. “It was a beautiful day for this run,” said Flores, “and the run was a good challenge.” Brink placed second in the “Female Over-all” category.

The fun did not end with the run. Following their sweaty endeavor, the runners gathered for the announcement of the raffle winners.

Stretching for a major portion of the morning, the run was undeniably an experience that the runners and volunteers alike will seemingly never forget.

# Pulitzer

Continued from page 1



Akhtar brings a scene of his most famous novel alive.

The Montclarion | Kristen Bryfogle

can Dervish, a novel about a Pakistani boy named Hayat reaching his adolescent years, discovering religion and falling in love for the first time, is largely based on his own years growing up in Wisconsin. “Imagine that my life were a bunch of tubes of paint,” said Akhtar. “I use that paint to paint a different picture.” The picture Akhtar painted, in this instance, was his novel.

As Akhtar read aloud from *American Dervish*, the characters gained new voices from the author reading them as he wanted them to be read, an experience which the audience enjoyed with laughs and applause. He gave the dialogue of the mother in the novel a thick Pakistani accent, adding humor to the deep racial content of the scene by speaking in a universal motherly tone.

Yet after the light-

hearted reading, the moderators started asking more difficult questions. Both Dr. Afzal-Kahn and Dr. Matthew raised the issue of Akhtar’s work—whether it was *American Dervish*, his prizewinning play *Disgraced* or his movie *The War Within*—being intensely political. Both professors argued that Akhtar’s novels were designed to push certain viewpoints and beliefs over others, an idea which Akhtar adamantly rejected.

He claimed that his work was not about making people happy or conforming to anyone’s viewpoint but his own. “Art for me is not an advertisement,” he claimed, rejecting the idea that he wrote his works with a specific political agenda in mind. Akhtar stated that he did not intend for others to read *American Dervish*, and so he wrote to express the truth he saw in his own society and in his ex-

perience as a Muslim living in America.

After watching clips of his play and movie, Akhtar spoke again about his identity and intentions as an artist. “I consider myself to be a narrative storyteller,” he explained, saying that he tries to connect with the innermost feelings of his audience and the universal truths that he thinks bind all people regardless of nationality or religion.

At the end of his lecture, Akhtar gave his best advice to artists struggling to express their own truths: to get out there and fail big so that they can learn from their mistakes earlier. Before leaving to return to work on his future projects, Akhtar signed copies of his novel, which several Montclair students had studied over the semester.



# What’s Up with the SGA?

Get the inside scoop on the student government’s weekly meetings



The 2014-2015 SGA Eboard. Photo courtesy of MSU Yearbook

Natalie Smyth  
Staff Writer

- Alpha & Omega International Student Association re-charterment wasn’t considered this week.
- The Alliance for Women in Media received funding for their event, “Cinco de Banquet” in May.
- The Haitian Student Association (HSA), Montclair State Dance Company (MSDC), Unified Asian American Student Organization (UAASO) were re-chartered.
- The Newman Catholic Campus Ministry was successfully re-chartered as a Class I organization.
- Players will be a Class One Organization of the SGA for the 2014-2015 year.
- Chi Alpha Christian Fellowship received funding for a Bible Q&A Session.
- The Organization of Students for Afrian Unity (OSAU), United Campus Under Peace and the Brotherhood/La Hermanidad were also rechartered.
- The sorority Alpha Kappa Alpha was re-chartered.

## Tuition

Continued from page 1



President Cole at the Tuition Hearing. Photo courtesy of Mike Peters.

With the room consisting of two-thirds of board members, it seemed as though one-third of the population in the room would lose out among such highly regarded professionals.

Yet, speaking with poise and rationality, there were plenty of arguments presented on behalf of the student body. Among the students, those with and without financial aid, those from out-of-state and those with disabilities all converged with the same mission in mind: to have their voices heard.

Despite the lack of students in attendance, it appears that the entire spectrum of student needs was presented in the hearing. Filled with tears and laughter, profound arguments and exceptional speaking skills, the students certainly gave the board a lot to consider when it comes to the tuition of the upcoming academic year.

However, tuition was not the only item on the board’s agenda during the early morning hours last Wednesday.

President Cole also set out to draw attention to upcoming and past successes of the university. Hosted by the MSU Foundation, Cole mentioned the annual scholarship dinner that gathered over \$500,000 for the campus community.

Additionally, she updated the board on the current status of the construction of the new Center for Environmental and Life Sciences building. In her statement, Cole shared that the project underway is on track to its completion and is expected to be up, running and filled with students by September 2015.

However, President Cole was not the only one with important announcements and updates up her sleeve.

Professor Jack Baldwin-LeClair, chair of the Political Science department, was another prominent person to take to the stage, granting three political science professors emeritus status. In response, Opoky Agyemam, William Batkay and Peter

Paster were seemingly overwhelmed with the honor bestowed upon them.

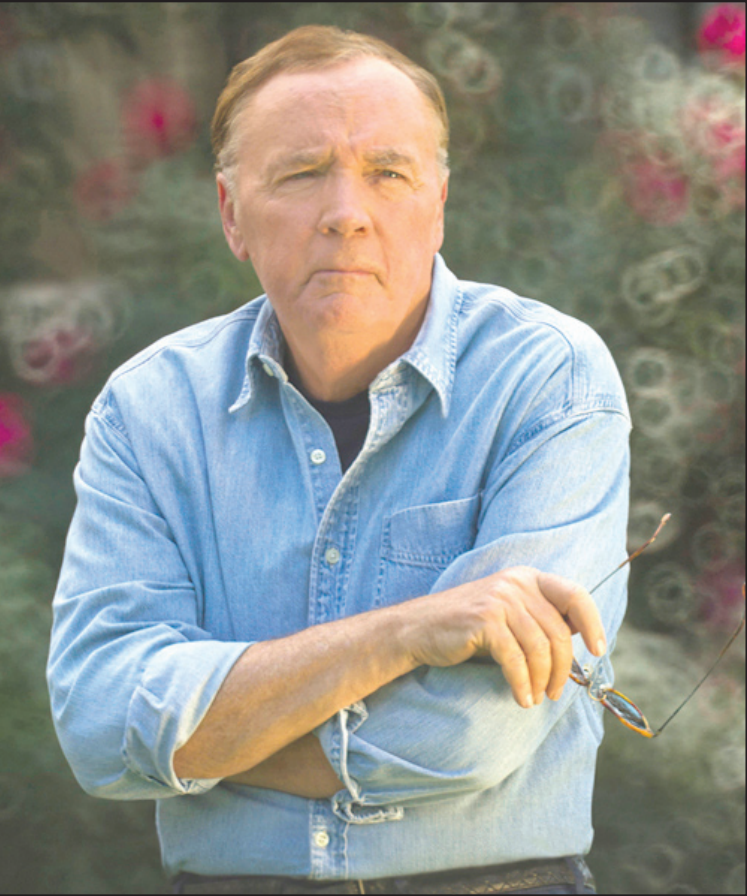
Though a cheerful roar could be heard throughout the crowd towards the end of the hearing, there was also a slight gloom in the air. As Kyle Bunting’s last meeting before his graduation, the student trustee was recognized for his overwhelming amount of hard work and dedication during his time at Montclair State. Certainly, those on the board, students and administration alike will miss him.

Overall, the hearing served to bring the voices of the student body and campus community into the spotlight addressing one of the biggest concerns of university life: tuition. Though the amount has not yet been set for the upcoming academic year, it seems as though the board will take the words of the day’s speakers to heart as they decide their next move.

Jayna Gugliucci, News Editor, contributed to this article.

# Graduation: Intrigue

James Patterson named as featured commencement speaker



James B. Patterson, author. Photo courtesy of Suzanne Bronski.

Jayna Gugliucci  
News Editor

With warmer weather and the sun shining bright, students have been itching for summer since their return from winter break. Finally ditching bulky coats for lighter sweatshirts, it seems the seniors of the campus community are the most eager to leave.

Though the promise of freedom after school drives their excitement, there may be another force at work behind the scenes – commencement. With only a month left of their college careers, graduation news has been hitting webmail inboxes since the beginning of the semester. In particular, the announce-

ment of the speaker for the ceremony has certainly taken to the forefront of conversation across campus.

Although various people were considered, the Montclair State Board of Trustees recently announced their decision to select James B. Patterson as the featured speaker for this year’s commencement.

At the ceremony, Patterson will “award the Doctor of Letters, honoris causa,” to the members of the graduating class. Recognizing “individuals who have achieved distinction in their professional careers and who have endeavored to better society,” the award will present the students with honorary degrees.

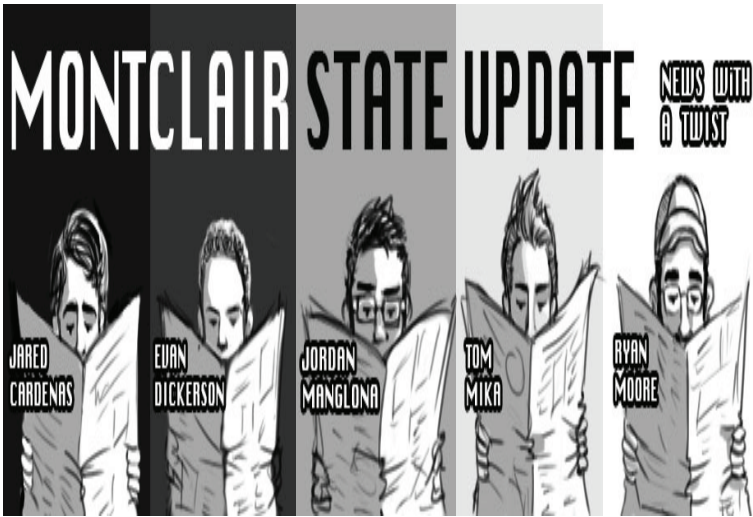
Due to his extensive background in writing and literature, Patterson is seemingly the perfect choice to grant such an award to the graduating students.

In his earlier days, Patterson earned a Bachelor of the Arts in English from Manhattan College as well as a Master of Arts in English from Vanderbilt University. The novelist went on to become widely known for his works about fictional psychologist Alex Cross, the protagonist of the Alex Cross series.

As the author of various works of literature ranging from stand-alone thrillers to romance novels, Patterson has “achieved book sales of over 270 million copies.” In addition, the renowned writer was the “first author to achieve ten million e-book sales and still holds the Guinness World Record for the #1 *New York Times* bestsellers of any author.”

Despite his numerous awards and exceptional status in the literary world, the dedication of Patterson and his wife to higher education may have been the deciding factor for becoming the featured speaker. Together, the pair has proven “long-time financial supporters of up-and-coming teachers who are committed to providing their future students with the necessary foundation for lifelong enjoyment.”

With his impressive resume in his back pocket, the author has certainly proven himself the best choice speaker for Montclair State’s 2014 Commencement.



- CBS has announced that Stephen Colbert will be replacing David Letterman as the host of “Late Night.” Finally, America will have a middle-aged, white, male television host.
- Sodexo, MSU’s food distribution company has officially ended its contract with the University, despite Sodexo’s new slogan: “Now made with less dog hair!”
- Miley Cyrus was hospitalized after suffering an allergic reaction to antibiotics. Man, that 21 year-old millionaire can’t catch a break.
- A 14-year old girl was arrested after she posed as a member of Al Qaeda and tweeted a threat to American Airlines. In related news, leader of Al Qaeda Ayman al-Zawahiri tweeted “At da mall, then #PrettyLittleLiars with da besties #shopping #bff #yolo.”
- Studies show that girls saying “I can’t even” is directly related to an apparent inability to finish a sentence.
- James Patterson will be this year’s commencement speaker. When reached for comment, Patterson said “I can’t wait to read it when I get it back from my ghost-writers.”
- A dead whale was found washed up in New York Harbor. Officials stated they have decided to bring the whale to Jersey City for a necropsy, instead of returning him to his office in Trenton.





# The Truth Behind the Controversy

*Students gather to hear expert opinion on the subject of nature vs. nurture*

**Andrew Osolin**  
Staff Writer

In various fields of study, the biggest debate has remained that of nature vs. nurtuer. With experts divided over the outcome of the argument, students and faculty alike gathered to hear others' opinions on such a prominent subject.

Last Wednesday, April 9, the Philosophy and Religion department held an interdisciplinary panel discussion on the topic of "nature vs. nurture." A panelist represented each of MSU's five colleges. Dr. Phillip LeBel, Dr. Kirk McDermid, Dr. Zoe Burkholder, Dr. Scott Kight and Dr. Elizabeth McPherson represented the School of Business, the College of Humanities and Social Sciences, the College of Education and Human Services, the College of Science and Mathematics and the College of the Arts, respectively.

For those who may need a refresher on the issue of "nature vs. nurture," the question is whether our genetic makeup or our environment, and our experiences thereof, primarily dictate human behavior.

While there wasn't a debate between panelists, each of them offered valuable insight. McDermid and Kight, whose areas of study, Philosophy and Biology, most directly addressed the issue. They offered insight into the debate while LeBel, Burkholder and McPherson each discussed how the issue affects his or her field.

McDermid warned the



Cartoon drawn by Vicky Leta, Editorial Cartoonist.

panel about dichotomies, pointing out that the terms "nature" and "nurture" need to be more clearly defined and that the line between them is blurred at times. He also discussed how our beliefs about nature and nurture affect our ethics as a society, specifically as it pertains to the issue of blame. If we are genetically predisposed to act a certain way, to what extent are we responsible for our behavior?

On the other hand, if our behavior is dictated by how we're raised, we're also not

entirely responsible. No matter how we see it, the argument can be made that many of the factors that determine our behavior are out of our control. "Maybe everybody's blameless," said McDermid.

Dr. Kight gave a more scientific perspective. He explained how human behavior is a "complex interplay" between genetics and our environment, and that trying to separate them is very tricky. "It's very difficult to draw the line, because it's almost immeasurably complex," Kight said.

He also discussed Charles Darwin's opinion on the matter. Darwin believed that while our genetics do play a significant role, it is "nurture" that accounts for the differences between people and their behaviors. Kight explained that this was a very liberal view for Darwin's time when people were more inclined to believe that most of a person's behavior was genetic.

Most panelists discussed how the issue of nature vs. nurture affects how we can give everybody equal oppor-

tunities. LeBel discussed the problem of creating an effective yet fair and ethical market, which depends greatly on the cause behind our behavior. He also posed the question of whether entrepreneurs are made or born, discussing the problem of trying to teach somebody to be an entrepreneur when doing so usually requires thinking outside of the box.

Burkholder discussed the issues of nature vs. nurture and equal opportunities as it pertains to education. One must consider that if not everybody learns the same way, or at the same speed, providing equal opportunities requires taking this into account. She also discussed the way early views on race, gender and education influenced our educational systems.

Finally, McPherson explained how nature and nurture function in the context of becoming a dancer. Like the other panelists, she explained that both affected a dancer's success. However, there are important differences that apply to dancing since it is more dependent on the physical attributes of the body, many of which are genetic. McPherson emphasized the difficulties of becoming a professional dancer, due to the necessity of restricting study to those who show the most potential.

All of the panelists agreed that the issue may very well never be solved. As McDermid pointed out, perhaps many of the tests and experiments that would be necessary to do so are unethical.

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Feature

# Doubling Gym Clothes as Casual Wear

Jessica Mahmoud  
Contributing Writer

If you go to the Student Rec Center, then you know that working out requires a different set of attire than jeans, skirts or dresses. Since many students commute to campus, it's nice to have to carry as little as possible. Sneakers, sweatpants and a tank top can really get heavy in addition to carrying books and everything else. Luckily, there are ways to combine workout clothes with regular clothes so this load can weigh less.

## Start with the basics...



Photo courtesy of: Forever 21.com

Versatile pieces like solid color tanks are perfect for pairing with jeans and skirts. These tanks are great for exercise and are available in most clothing stores. They also come in a variety of colors, but having neutral colors like white, gray and black are all you really need.



Photo courtesy of: Forever 21.com

A semi-long graphic tee is great to put over leggings. It's your call on whether you see leggings as pants, but I don't suggest wearing a crop top. Your shirt doesn't have to be down to your knees, but it should come past your hips. There are so many awesome graphic tees with cool pictures and messages that I'm sure you'll find one to fit your style. They're a great piece to have on hand and throw in your bag as you rush to your Zumba class.



Photo courtesy of: newbalance.com

Another popular workout clothing piece is a sport bra. With the weather finally getting warmer, these can also be incorporated into an everyday outfit. This sport bra is similar to a tight crop top. You want to wear one that has no seams in the front so it looks as similar to a regular, everyday top as possible. However, it is your judgment. Remember, this should be the same bra you wear to the gym so you can minimize carrying extra clothing to change into after.

## Add a fashionable bottom...



Photo courtesy of: Forever 21.com

Now that the warm weather is finally here, florals and bright colors can finally come out of the back of your closet. Skirts are great because they have endless combinations. Solid tanks work well with patterned skirts by bringing out one color from the skirt in the tank.



Photo courtesy of: Forever 21.com

Like on this model, tight bodycon skirts often look good with tight tops. A sport bra can easily replicate a tight crop top, so you won't have to carry a top with you in your gym bag. Although they are short, bodycon skirts are very comfortable and fashionable. They come in tons of patterns and colors, so any sports bra would be a match. Don't be afraid to mix a patterned sport bra with a patterned skirt. Fashion is a great place to take risks.



Photo courtesy of: Forever 21.com

For some people, leggings are not pants and they want a little more coverage. Shorts are a great way to do this in a fashionable way without having to wear a long top or dress. High-waist shorts are very trendy and look great with a pair of leggings. I love tucking in my top but just in the front, especially if my shorts have a line of buttons in the front. High-waist shorts and pants accentuate your waistline and look good on everyone. They come in all different colors and patterns, so definitely give them a try.

## And finish with a twist.



Photo courtesy of: Forever 21.com



Just like with a tank top, any style of jean is always an option. These high-rise jeans and high-waist shorts would look great with a sport bra because anything cropped looks great with bottoms that come close to your belly button. Therefore, there isn't a huge gap in between and you don't look like you're wearing a bikini.



Photo courtesy of: Forever 21.com

Another easy piece to throw over leggings is a dress. It doesn't have to be anything fancy, but a light flowy dress in a pastel color is perfect for spring. A soft cotton material will be comfortable after a long workout and will still keep you cool. Dresses are always a fast and easy option, especially when you want to dress up for class or just to go out with friends. They don't have to be a hassle or annoying to deal with; most just feel like you're putting on a shirt.



Photo courtesy of: Aeropostale.com

Of course, jeans are always a casual option. Jeans and a tank are always a casual go-to. However, it might be easier to throw on a flowy skirt than struggle to slip on a tight pair of skinny jeans. But that's your preference.

As you can see, there are many ways you can transition your gym clothes into what you wear outside of the gym. As a commuter, it's great not having to carry a lot because you can't go back and put things in your dorm. However, style shouldn't have to be sacrificed so you can get in your exercise.



# Weekly Brew Review

Ryan Moore  
Staff Writer



Ladies and gentlemen, I would like to invite you on a journey; a journey through two new brews. The first, the bargain brew, is an affordable and delicious brew. The second, the baron brew, is a not-so-cheap-yet-delicious brew. Take my hand and let’s go on a “beer-venture.” That’s an adventure involving beer if you didn’t pick up on that.

**Bargain Brew:** The Kane Brewing Company, located near the Jersey Shore in Ocean Township, makes quite a few delicious brews. One brew, or 18 (I’ll explain in a minute) is really great. Port Omna, an American Extra Stout, is delicious. Medium-bodied with hints of coffee and cocoa, this toasty stout has everything a stout should have. Oh, and there’s 18 variations. Some batches are brewed with citrus flavors, others with banana. Those are currently the only two I’ve tried. Both were fantastic. The citrusy grapefruit had a slightly tangy aftertaste similar to one found in an IPA, and the banana one had chunks of banana in it, yet the flavor itself was very mild. A 12 oz. glass costs \$5 at the brewery, but you can also get a 4 oz. sample for \$2. A growler (64 fl. oz.) of their beer costs \$12-20.



Photo courtesy of: beermenus.com

**Baron Brew:** I’d be crazy not to review Dock Street Brewing Company’s Walker beer. Walker was made in honor of the horribly written show (in my opinion) *The Walking Dead*. What says zombies more than brains? Yes, this beer actually has brains in it, but don’t worry, there are no human brains but roasted goat brains. What a funky smoky flavor the brains give this brew. A malty sweetness up front somewhat balances the smoky tail of the beer. To add to the zombie factor, the beer was also brewed with cranberries, giving it a blood red color. Okay, so it’s not that red, but “blood red” sounds cooler than “tinged with a red hue.” It’s nothing super amazing, but it’s definitely cool to know you’re drinking goat brains. The downside is that this beer costs \$5 a bottle at the brewery in Philadelphia. There is no growler option.



Photo courtesy of: nydailynews.com

# A Step Forward for Women

Andrew Bott  
Staff Writer

In *No Telephone to Heaven*, Michelle Cliff follows in the footsteps of feminist-realist writers such as Toni Morrison and pulls no punches in documenting Jamaica’s decrepitude. Cliff takes “telling it like it is” to a pulsing, evocative limit, but her characters are so complex and well-drawn that the shock value is merely a side effect of good writing.

Indeed, certain parts of this novel are so blunt and violent that Cliff might be accused of writing bloodily for blood’s sake. Why, however, should she sugarcoat the truth and its impact? Glossing over what goes on in Jamaica seems pointless. Though she has lived in America most of her life, Jamaica is her motherland and it seems as if she has not spent a day outside of it.

Cliff nails the history of her country and its living conditions. This novel is not so historical that it veers into overloaded didacticism, however; Cliff writes a more interesting and complex story about an island nation than Jamaica Kincaid does in *A Small Place*, for instance.

Though *A Small Place* delivers humor via its heavy sarcasm, *No Telephone to Heaven* is not without its own funny commentary on the state of the tourist. Cliff does not go overboard, unlike Kincaid.

Harriet, a transgendered character that dresses like a woman and his friend Clare pretend that they are Prince and Princess of Obeah when a tourist accosts them at their table. Though Harriet garners laughs, as this story benefits from her infusion of humor, she has a serious side and is certainly the most complex character here.

Placed in opposition to Harriet’s male femininity, Christopher is the conduit for male violence; he slaughters the rich family his kin worked for. He also represents the urban squalor of Kingston, where he roams the streets once his grandmother dies. Christopher is the poster boy for the rebellion of the poor, who are considered “not human.” His kind is also skillfully rendered as a counterpoint to Boy, Clare’s father, who assimilates into New York life because of his white skin (he even has the audacity to pass himself off as the son of a plantation owner).

The lack of a mother figure is damaging to all major female characters here, including Clare, the heroine whose mother leaves her and her father in New York to return to her native Jamaica. Cliff expertly depicts the displacement of both Clare and her mother, Kitty, while they live away from their homeland. Clare only finds a sense of self once she returns to Kingston, 20 years after leaving. In America and England, Clare “could not trust her own voice.”

Cliff owes a debt to Morrison in finding her own voice. *No Telephone to Heaven* shifts seamlessly from traditional matter-of-fact narrative to Jamaican dialect. Also, Cliff punctuates her message by incorporating abrupt, heavy beats in the more poetic sections. The most powerful example of infused poetry is found in the brief chapter called “Magnanimous Warrior!” Cliff might be considered the Jamaican Walt Whitman (or at least Carl Sandberg, with his celebratory exclamations). Here, Cliff goes beyond politics to evoke the nation of Jamaica as mother poetically.

Kitty, Clare’s mother, most directly represents Cliff’s feminist politics. Kitty is repressed in New York; she cannot get a good job because she is Jamaican. Cliff blatantly infuses radical messages into the text through Kitty. “White people can be black-hearted” and “Marcus Garvey was right” are just two of the invectives Kitty spews before she returns to Jamaica. Though Cliff unabashedly describes the treatment of Jamaica by Britain, she moves beyond personal grudge to focus on the decrepit state of her motherland.

Harriet is worth the price of the book. Not only is she funny, but also her opinionated stance on Jamaica’s problems is enlightening: “Cyaan pass the Dungle (jungle), cyaan smell the

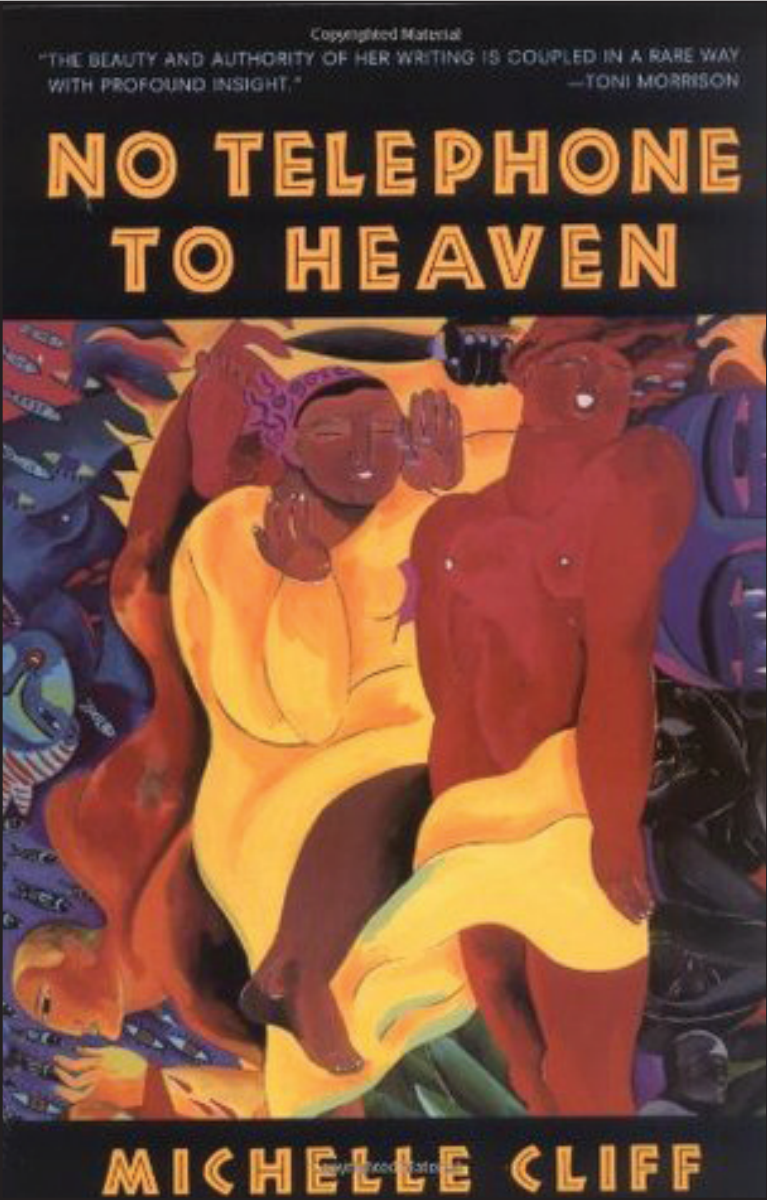


Photo courtesy of: goodreads.com

Dungle, and not know this island is the real world...in the worst way?” Harriet is a combination of sisterhood for Clare and an affirmation of the need to fight back constructively and cohesively against corruption and Jamaica’s poverty.

This novel has everything a reader could ask for: violence, intrigue, history, knowledge, allusion, poetry and heart. Whether or not

one agrees with Michelle Cliff’s politics of voiced complaint and physical action, it is hard to pretend that she is wrong about Jamaica. One gets so wrapped up in the story that it is possible to finish the novel without having gleaned most of the knowledge possible from it. However, that problem is solved by multiple re-readings, which I heartily recommend.



# Food, Nutrition and Public Policy

Alexis Fissinger  
STAFF WRITER

Here is something a little bit different; I could write about spring nutrition tips, healthy Easter alternatives or how to prepare your body for the warm weather (and I probably will write all about those in the coming weeks). This week however, I wanted to focus on something that is critically important to the field of nutrition and the health of our nation, our public policy.

Most of us nutrition folks are into nutrition because we love to help people, and the most effective and rewarding thing that one can do is be involved in advocating for important pieces of food and nutrition legislature. At the core of it, policies are what direct the health status of our nation.

Is our overweight family member unable to receive the therapy they need to lose weight? Are the programs for nutrition education not available to you? Are you just marginally ineligible for food stamps that help your family put food on the table? These are all matters of food and nutrition policy and each are highly discussed and advocated for these days. Let's break it down:



Photo courtesy of cibra117.wordpress.com

1. The Treat and Reduce Obesity Act (TROA) (Bill Number: H.R. 2415, S. 1184)

**Why we should care:** Obesity has become an issue of immediate importance in our country. Two out of every three adults in the United States are either overweight or obese, which is a very expensive burden to our nation that costs us about \$210 billion per year. Yet, with such a critical problem, there seems to be very little urgency towards fixing it, as we only allow Medicare beneficiaries to receive services from their primary care provider, who is not actually an expert in nutrition or behavioral services.

**What would this act do:** This bipartisan bill would provide both a clinically and cost-effective solution to the obesity epidemic. It would remove barriers to effective obesity treatment by allowing obese and overweight clients to receive a very effective type of therapy called Intensive Behavioral Therapy from the most qualified medical professionals to administer it, such as registered dietitian nutritionists (RDN) and endocrinologists.

The resolve is in the research. Medical professionals, like those from the Institute of Medicine, agree with what studies have shown. "Registered dietitian nutritionists are the most qualified food and nutrition experts to perform Intensive Behavioral Therapy." Registered dietitian nutritionists are twice as likely to help patients lose significant weight and increase exercise. Registered dietitian nutritionists bill 15 percent less than primary care providers yet get 200 percent of the positive outcomes.

In a nutshell; TROA would allow qualified professionals like psychiatrists and registered dietitians to bill for Intensive Behavioral Therapy in which the most effective professionals would be able to supply the most effective treatment to individuals who need it.

2. Older Americans Act (OAA) (Bill Number: H.R. 3850/ S. 1028) Reauthorization

**Why we should care:** "In 2010, OAA nutrition programs provided 145.4 million congregate meals to 868,076 older adults and 96.4 million home-delivered meals to more than 1.7 million older adults" (AOA.gov). For many, these programs provide the older adult with the only form of social contact with the outside world or another compassionate individual. For even more, these services provide older adults with the only source of daily adequate nutrition. As the baby-boomers of the mid-20th century are aging, funding is necessary to be able to feed a population of in-need older adults.

**What does this act do:** OAA allows for older adults (60+) who are in great economic need to remain independent, social, well-nourished and out of the hospital. Programs include congregate dining and home delivery like Meals on Wheels. Together, they:

- Decrease hunger and food insecurity
- Promote socialization of older adults
- Promote the health and well-being of older adults through access to nutrition and disease prevention services

This act also provides the population with sound nutritional guidance from registered dietitians who are the experts in changing the nutrient needs of our older adult population.

The resolve is in the research. The cost of one day in a hospital equals the cost of providing an older adult with meals for one year. Over 60 percent of the recipients of these programs rely on them for over half of their daily food needs.

3. Preventive Health Savings Act (H.R. 2663 / S. 1422)

**Why we should care:** The health of our nation depends on the prevention of chronic diseases. Congress receives recommendations for or against the passing of important bills which govern health policies in the United States. The Congressional Budget Office (CBO) is one of these recommenders and bases its objective, nonpartisan recommendations on the projected financial cost (negative) of passing each bill related to the cost savings that the passing would acquire (positive). Unfortunately, the financial savings are only considered within a five-year window of the bill being passed. Why is this unfavorable? Because most chronic diseases in this country take 5-10 years or longer to show signs of cost-benefit.

**What does this act do:** This act would widen the CBO scoring window to 10-30 years on prevention programs that would allow for the consideration of long-term cost-savings associated with preventive health programs. In turn, these programs would be more likely to receive favorable recommendations from CBO, therefore allowing more bills to pass that are concerned with increasing the health of the nation and improving upon disease states and would decrease chronic illness rates (think diabetes, obesity, heart disease and asthma), therefore improving the health of our nation.

No matter your career, field of study or experience with policy and advocacy, we can all be advocates for a change in our nation's health status.



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Creative Thinking is a program developed by a multidisciplinary working group of Montclair State faculty in collaboration with the Office of Arts & Cultural Programming and the Research Academy for University Learning.



Image by Tishonda Torrence.

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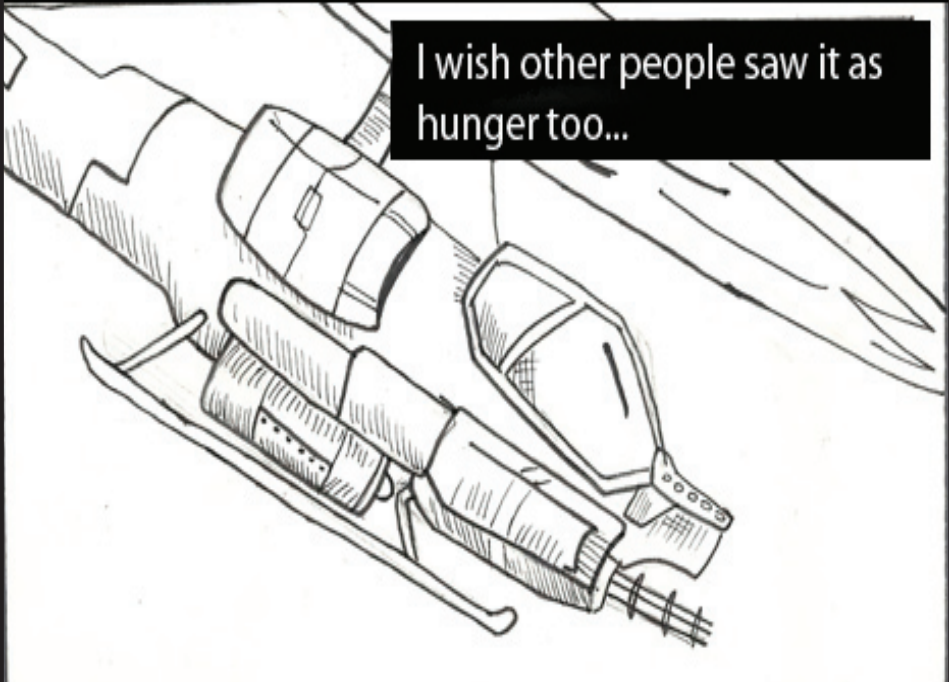
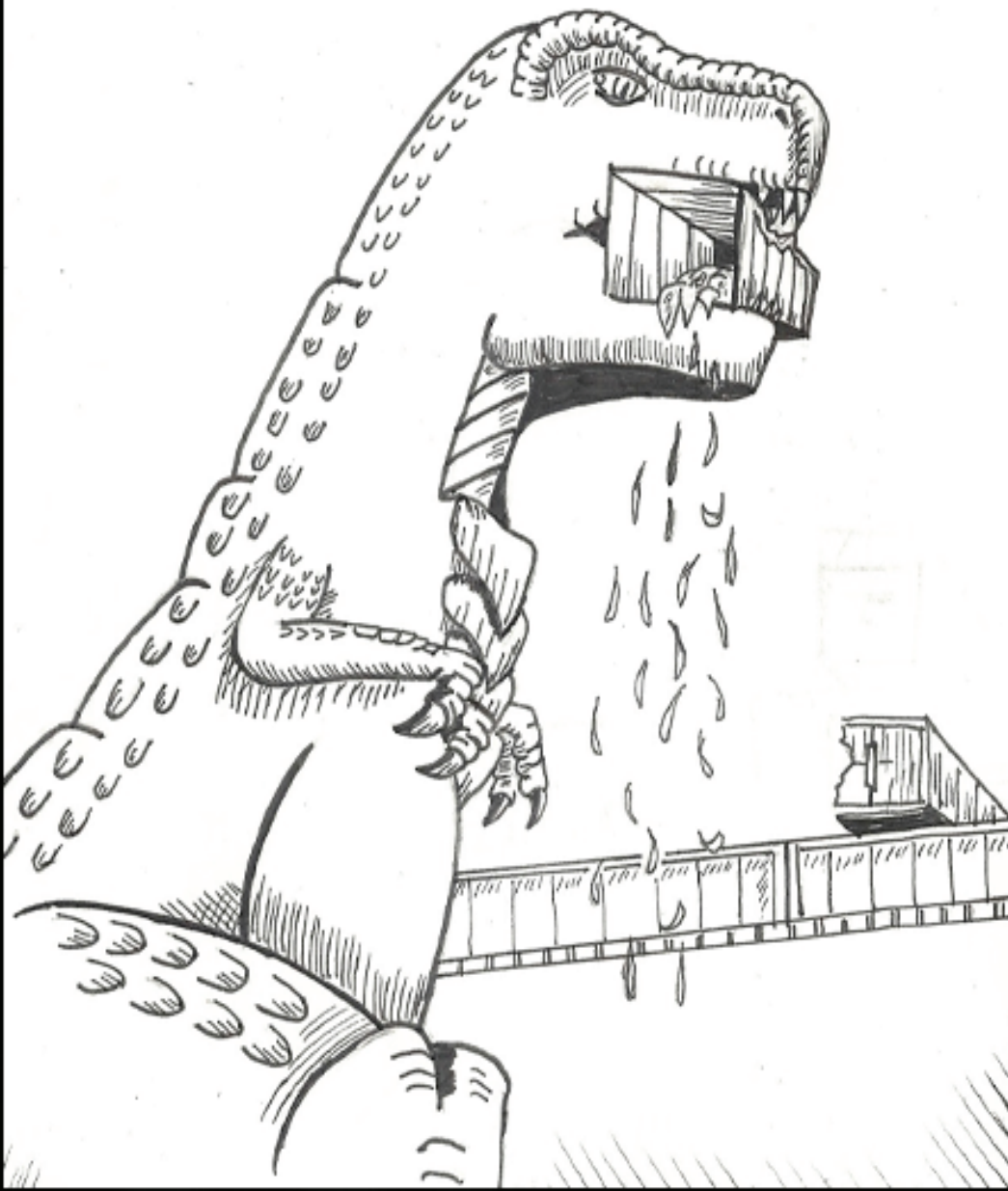
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Continued from last week...

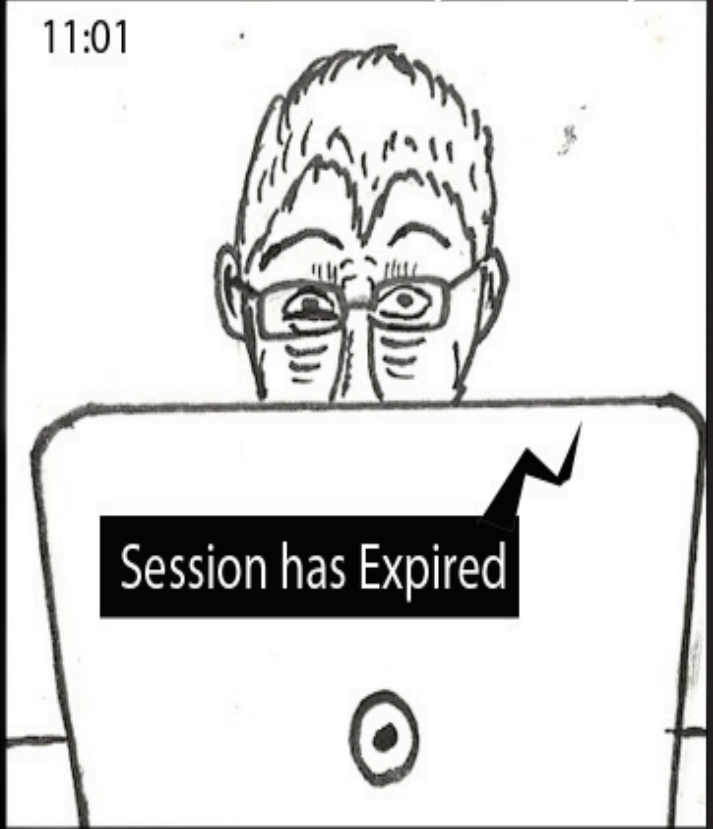
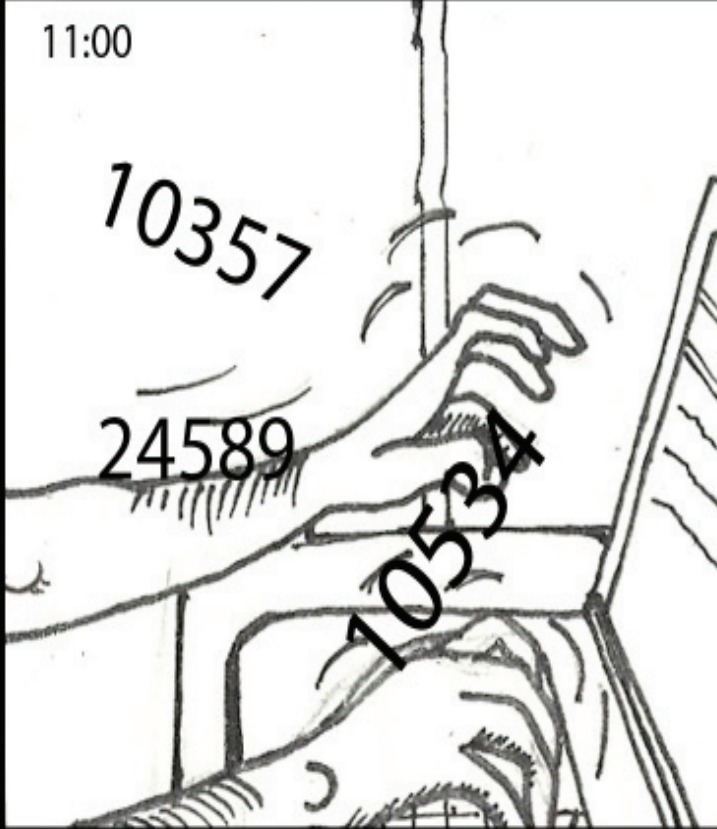
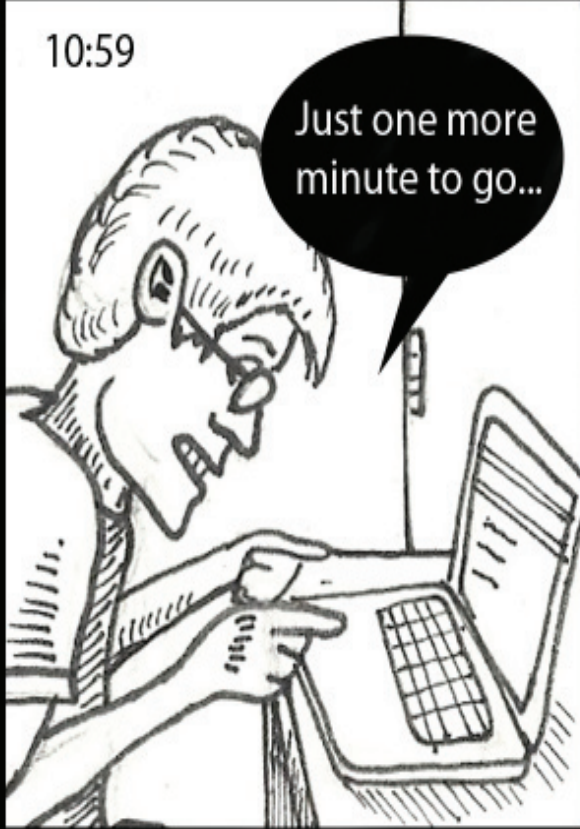
By Joe Stansbury

It wasn't an act of violence towards us  
it was just hunger that drew him in.



Registration

By Joe Stansbury



THE RED HAWK PALS  
BY ASHLEY MATARAMA



THE RED HAWK PALS  
BY ASHLEY MATARAMA





# Opinion

## It's All Here... Eventually

### Question of the Week

What artist would you like to see perform at Montclairfest?



**Chris Koscica**  
Sophomore  
Sustainability  
Science

“At Montclairfest, I would love to see Fall Out Boy,”



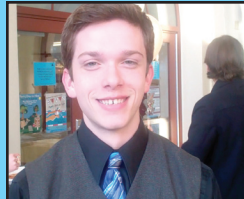
**Sharbel Aldabain**  
Sophomore  
Computer  
Science

“Imagine Dragons.”



**Katherine McCole**  
Junior  
Art Education

“I'd like to see Francesca Batistella”



**Stephen Blazejewski**  
Freshman  
Business  
Finance

“I would like to see Ke\$ha.”



**Rania Shair**  
Sophomore  
English  
Education

“Anything, but if I had to choose, American Authors.”



**Joe Stanley Kurp**  
Senior  
Communication  
Media Arts

“I want to see some good alternative rock band. I just want to have a good time.”



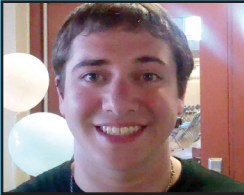
**Robert White**  
Sophomore  
English

“Okkervil River.”



**Lindsey Filo**  
Freshman  
Mathematics

“I'd like Vampire Weekend to play.”



**David Homer**  
Freshman  
Business  
Administration/  
Hospitality  
Management

“I'd like to see Blink-182.”



**Alana Monte**  
Freshman  
Undeclared

“I would love to see fun. play here.”



Christian Blaza | *The Montclarion*

For graduating seniors, the college clock is ticking away. Students are preparing to end the semester with a bang, looking forward to Spring Week, Senior Week and the final walk to “Pomp and Circumstance” during convocation and commencement. Yet, for graduates, the end of the semester events, including graduation, are enigmas which their critical thinking skills and specialized degrees are not able to sort out.

It is already the middle of April and the specifics of graduation remain hazy. With the daily influx of emails from various administrative offices around campus, one would expect that some would give the details of the graduation ceremonies that are occurring in about a month, or at least about Montclairfest and M-Glow which are tak-

ing next weekend at the end of Spring Week. Yet, graduates still have not received any information about ordering caps and gowns and have not been able to claim the designated five tickets for their loved ones to see them walk at convocation.

Until recently, students were not even informed of the date for claiming tickets, leaving students in the dark about a major event in their life and educational career. The general schedule for convocation ceremonies was never released in a public, emailed statement. If students want to know when their school’s convocation is, they must seek the information out for themselves on the Montclair website.

While this is not a huge inconvenience, it would be nice if Montclair could cut their graduating seniors some slack and send out the basic information about the upcoming graduation ceremonies so that they and their loved ones can plan

graduation festivities accordingly. Instead, it seems like the last memory Montclair is leaving with the Class of 2014 is one of disorganization and confusion.

Even if the email just informs students of when information about graduation is being released, this at least takes away the anxiety of not knowing and not being able to plan around these important events.

This lack of information permeates from the administration down to upcoming activities organized by SLAM, the student-led programming board of the Student Government Association. Tickets for Montclairfest, the large music concert that takes place next Saturday, and M-Glow, the paint party which occurs the same day, have not gone on sale. Students do not even know who the Montclairfest artist is. While we understand that SLAM wants to build suspense for the upcoming artist and much goes into securing the contract, the

deciding factor for most students to attend is the artist who is performing, as can be expected for any concert.

Therefore, it is hard for students and their friends who do not attend Montclair to plan on going to Montclairfest when they are not even sure if they will like the artist. At this time in the semester, when most students are rushing to submit their last assignments before finals, not being able to plan for the days ahead is especially inconvenient.

All of these issues could be easily solved by a few emails about the current situation of these events on campus, distributing the general information for which students are still searching. With the hectic end of the semester, it is much easier for everyone to know the schedules and details of these events ahead of time and end the spring semester with clarity rather than calamity.

### Thumbs Up

Callahan’s Food Truck

Colbert to succeed Letterman on *Late Show*

*Game of Thrones* Purple Wedding



### Thumbs Down

Snow in April

No information about graduation

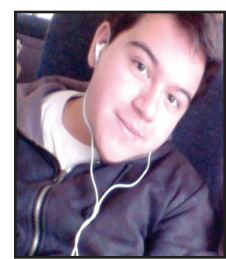
Misinterpreting young adult literature





# Not Many Hear MSU’s Tuition Hearing

*Students lose their voice at the annual Board of Trustees meeting*



ALDO GUERRERO  
COLUMNIST

In Montclair State University, students make up over 50 percent of the university’s operating budget through their tuition and fees alone.

You would think that students would then have about 50 percent control over the university or at least more of a say in university matters. Wrong. Let’s go over last Thursday’s tuition hearing: about eight students showed up, some sending their testimonies through email.

That’s a significant drop from last year’s tuition hearing where over 30 students spoke to oppose a tuition increase.

Why was there such a sharp decline in attendance?

The students who showed up this year all shared some of the most touching and passionate stories I have ever witnessed at a tuition hearing. It cannot be that students don’t care; the stories I heard demonstrate that students do care and that they are willing to speak out on something that seriously affects them.

This year’s tuition hearing was held at 10 a.m. as opposed to 4:30 p.m. like prior years. This is an inaccessible time because students are more likely to have class at 10 a.m. than at 4:30 p.m. The hearing was also held in a small room on the fourth floor of the Student Center, as opposed to the University Hall Conference Center, which is significantly larger. You would think that these important hearings would have their rooms booked far ahead in advance to ensure that our Trustees meet in a large enough room for the public to attend.

Furthermore, no campus-wide email was sent representing an official university press release to inform students that a tuition hearing was taking place like they have in prior years.

The SGA had circulated a letter to its organizations and even created a Facebook event page. But this tuition hearing isn’t an SGA event.

There was an email sent out by John Delate, Executive Director of Residential Education and Services. However, this shouldn’t have been his responsibility. It was the administration’s and the Trustees’ responsibility to sufficiently advertise this important event. They failed to do even that.

When asked about these peculiar changes, President Cole’s Chief of Staff, Keith Barrack, was unapologetic.

He claimed that the time was chosen because it would be easier for the Trustees to

attend and have quorum to vote in the meetings.

This is an example of administration prioritizing their own needs over the needs of the students. If the Trustees truly cared about serving this university, they would make every effort to attend their own meetings no matter what the time.

History has shown that tuition hearings held in the afternoon allow more students to attend. It appears that Mr. Barrack and the Trustees failed or refused to take this into consideration.

Even Rowan, Rutgers and other universities have the good sense to hold their Tuition Hearings in the afternoons and evenings.

It’s because of nonsense like this that students constantly feel disenfranchised and alienated from having more control over university matters. Rather than actively working to make the university

more transparent, administrators choose to make up flimsy excuses when confronted with criticism.

If the administration is having difficulties in communicating with the general student populace, how can students ensure that they are being listened to?

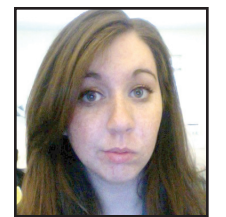
Once again, only eight students showed up to the tuition hearing because the administration failed to give adequate notice and allowed the hearing to be scheduled at such an inconvenient time.

Taking all of these events into consideration, students have reason to question the administration’s competence in making the university transparent and actually listening to its students.

*Aldo Guerrero, a Political Science major, is in his first year as a columnist for The Montclarion.*

# Creativity and Courtesy Don’t Go Hand in Hand

*English Department Awards applicants apply for the wrong reasons*



CLAIRE FISHMAN  
PHOTO EDITOR

I have \$88 in my bank account right now, but the sad fact is that’s still a lot more than most people have. In a world where financial aid is unreliable, sometimes the only saving grace for students is the possibility of scholarships.

Now, the organizations handing out these awards don’t check income or bank statements, so they have no way of knowing how much this money means to the recipient. Thus, individuals are obligated to evaluate their financial standing and consider that of

their peers before applying. In layman’s terms, if you know you don’t need the money, don’t apply.

Just this past week, the recipients for the English Department scholarships were handed out. The awards were of varying monetary values, but generally were in the “hundreds” ballpark. Some were essay-based; others were given to the best creative work (poetry, prose, creative nonfiction). However, in light of this announcement, I’ve come to terms with a few things.

For one, I realized that these scholarships are perhaps the only source of money for some people. Sure, a little spending money is nice, but there are a great majority of students at Montclair that do not have the money

for the hoards of textbooks or programs required for their classes and a lot more have their tuition and full education reliant on student loans. A \$200 scholarship might only ease the load off of one or two classes for the next semester, but it’s something, especially to someone who is in dire need of it.

Secondly (and this is more directed towards the creative writing awards), this is not a literary magazine. This is not a Nobel Prize. It’s a little bit of a laureate, yes, but at its core, it’s a scholarship.

Literary magazines often pay contributors for their accepted submissions, but Montclair State University grants the English Department awards, making it a scholarship. Its money should go to

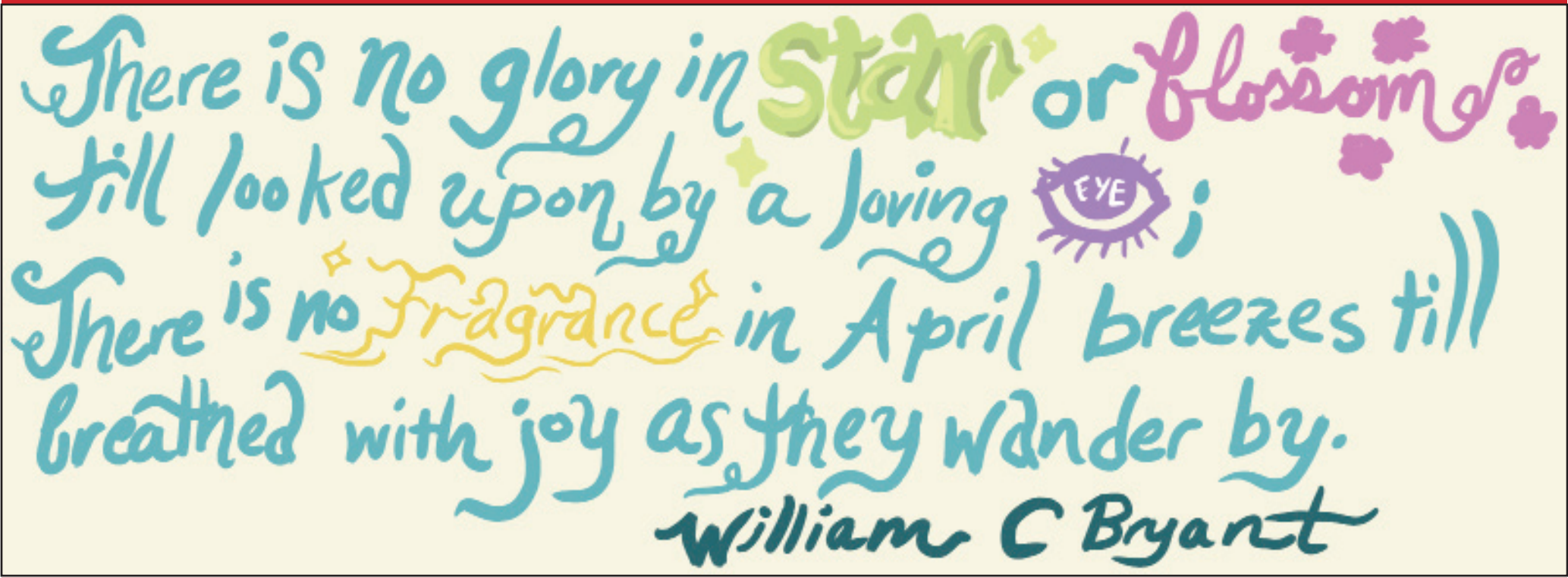
someone in need of it. One might argue that scholarships aren’t just for money. They improve resumes and, especially for the aforementioned creative writing awards, build a reputation.

In that case, grants and scholarships should be separate, but unfortunately, in this instance, “scholarship” is a catch-all phrase. Additionally, creative and essay writing awards exist outside the school and can even offer more prestige. There are always options when it comes to publications and accolades for one’s resume, but for some people, scholarships at Montclair might be the only way for them to just get their degree.

As I said before, the income of a person does not influence the award. No, the money

can’t be given to someone because they are in need of it – what I’m saying is that it should. It should be inherent upon you to judge your own standing. Many of the awards were founded on the basis that young, struggling students would receive them. If you can use the money for your education, I see no problem in applying, but if you aren’t even looking to get a degree from this school, you probably shouldn’t apply. By applying, you are taking the chance away from someone who may be in desperate need of that money.

*Claire Fishman, a Film major, is in her first year as photo editor for The Montclarion.*



# Education

*Continued from page 1*



ETHAN FRIA  
NEWS EDITOR

They do not need to pay over \$1000 (which doesn’t include equipment costs, something most physical education classes require) in college.

On top of that, the classes are placeholders where noth-

ing is actually learned. How common is it to overhear a college student saying, “Yeah man, I was able to take bowling for next semester. All I have to do is show up.” Is this the kind of mentality we want to proliferate among higher education students?

Instead of a physical education requirement, William Paterson has a health requirement. The classes they take are three credit courses that focus on nutrition and living

a healthy lifestyle. The classes require a similar workload as a regular 200-level class. This is the type of education that students need. They don’t need tennis lessons. They don’t need a crash course in racquetball. A case can be made for karate, but the school offers free self-defense classes through the police department.

The solution is simple: eliminate the requirement. In its place, have students focus more on their particular major.

Andy should be taking a focus course on Charles Dickens, not wasting his time every Saturday at a yoga studio, taking perhaps the most expensive yoga lessons of his life.

Make the requirement more meaningful. Bring back the educational aspect of the course. The bowling class at Montclair State University costs more than its value. The curriculum for the course is thus: 15 weeks of bowling, a one-page paper and a final on

the history of bowling. There’s no takeaway. The purpose of the physical education is to combat the spread of obesity and laziness. As it stands, the physical education requirement teaches us nothing but contempt for standard education requirements. It’s simply not effective.

*Ethan, an English major, is in his second year as the news editor for The Montclarion.*



# Remembering Kurt's Legacy

## Nirvana frontman's death anniversary calls for contemplation



KRISTEN BRYFOGLE  
ASST. OPINION EDITOR

“It’s better to burn out than to fade away,” rock star Kurt Cobain wrote, quoting a Neil Young lyric in what most people believe to be his suicide note. With the release of *Nevermind* in 1991, Cobain’s band Nirvana took the music industry by storm, hurtling the tradition of rock music over the past 40 years into a place it had never been before.

Unfortunately, Nirvana abruptly ended with the shocking death of its frontman in 1994. Last week marks 20 years since Cobain’s passing, and yet, Kurt and his music still continues to greatly influence pop culture and our perception of music and celebrity life today.

Musically speaking, the emergence of Nirvana and the grunge movement in the early 1990s has directly impacted the present creation of music across genres. In the 1970s and 1980s, artists departed from the foundational chord patterns and familiar instruments made famous by artists like Buddy Holly and the

Beatles. Glam rock and hair metal developed, demonstrating that rock and roll was as much about the show as the technical quality of the musicians.

Suddenly, in 1991, one band made an abrupt movement away from the glitz and glamor, both in appearance and in musical style. Nirvana entered into the mainstream with “Smells Like Teen Spirit,” a song that did not boast expert technical skill or structural complexity. In short, this song and the record from which it stemmed were nothing like the past 15 years of popular rock music.

*Nevermind* introduced a new face to rock music, emerging from working class Washington and demonstrating that the great American song didn’t need to be packed with complex solos and layer upon layer of heavily produced sound. Yet the simplicity of Nirvana’s songs did not detract from their creative impact. Cobain was a wizard when it came to mixing the simplest of musical ideas together in order to create something both innovative and raw.

The fact that many artists today create powerful songs by reinventing old chords and charging their music with passionate playing and emotional lyrics is a testament to Cobain

and his fellow grunge trailblazers.

Additionally, Cobain dared to tread in new areas when it came to the subject of women and the rocker lifestyle. The rock bands of the past often wrote songs which extolled the glamorous lifestyle of rock stars, including hooking up with gorgeous women (often with misogynistic undertones or lyrics which focused only on a woman as a source of sexual pleasure) and living the party lifestyle.

In his personal diaries, interviews and public appearances, Cobain continually talked about his support of feminism. Although Cobain was famously addicted to heroin, he never glamorized his addiction in his music, and even gave a voice to women’s issues which other mainstream rock songs had not, with the most notable example being “Polly,” which discusses the kidnapping and rape of a fourteen year-old girl.

Although Nirvana was not as outspokenly political as the punk movement in the 1970s onward, they still raised new issues with which rock music had little previous contact.

Even more significant to the cultural perspective, however, is Cobain’s influence on the public view of celebrities

Before Nirvana hit it big, Cobain was always involved in the Seattle music scene. With the surging popularity of *Nevermind*, Cobain blew up overnight, and for one of the first times, the public was introduced to the celebrity who never wanted to be famous, and was not afraid to say so.

Cobain, in general, disliked the music industry because of the issues he had with Nirvana’s first record label, and grew to loathe performing “Smells Like Teen Spirit” over and over on MTV. Although Cobain was not the first person who seemed to become regrettably famous, he certainly was not the last. His life as a celebrity likely caused him to become even more depressed than he was before Nirvana became a household name, proving that in the celebrity world, the maxim: “all that glitters is not gold” actually holds merit.

In the 20 years since Cobain’s passing, he has proven that he did burn out, creating an impact on the rock industry and popular culture which cannot be erased and ought to be honored, at least along with the memory of his tragic death.

*Kristen Bryfogle, an English/Classics major, is in her second year as Assistant Opinion Editor for The Montclarion.*



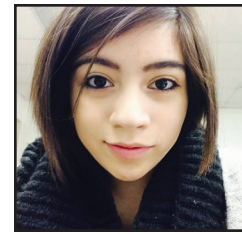
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For more information, email [msuopinion@gmail.com](mailto:msuopinion@gmail.com).



# Commuter Lounge Not So Comfortable

## The dingy atmosphere of the commuter lounge scares away students



CARMEN MONTALVO  
COLUMNIST

Early in the morning, most commuters at Montclair State University gravitate toward the bleak lounge in which they sleep, wait, watch and stare at one another, minutes before their next class.

This commuter lounge is located in the Student Center Annex, isolated from all activ-

ity. I have visited friends there and it’s quite dark in there, both in a literal and ambient sense.

There are the occasional moments where they provide free yet sparse breakfasts, but that stale muffin and watery orange juice does not change how pathetic it looks in there. The commuters are treated like kids, as small televisions feature kids’ shows in the background.

The furniture lacks the comfort that an early rising student would need in the morning. There is the slightest scent of mothballs and old milk floating in the air and the

carpet may be the reason for this. It’s quite tragic to think that nobody cares about the conditions of the commuter lounge.

The commuters have just as much say when it comes to their surroundings and social place for them. There needs to be some more energy, excitement or at least comfort, before, between and after classes.

The university tends to forget that there are people in there and that it is not just an empty lounge. The lounge creates this boundary from students who do not live here to the students who do instead of

just bringing them together.

The commuters seem to be trapped in this lounge at times and there are no diverse activities within the lounge to provide a better mood, to ease the stress from classes. One of my commuter friends mentioned to me about how “the space seems so dead and boring and only makes school dreadful.”

Hearing this made me realize how unfair it is for people who are commuters, how they have to put up with such grey surroundings. The comment that my close friend made amplified the idea that the lounge is not a welcoming

place and that it should be. I myself live on campus and find the lounge pathetic and bland. This makes me upset. How else are the commuters going to enjoy themselves in their spare time?

The energy and involvement can all begin next year with a few considerations and input put into the commuters’ lounge. If the minor changes occur, then major attitudes will form.

*Carmen Montalvo, a Biology major, is in her first year as a columnist for The Montclarion.*

# What the Chili Pepper Says About You

## Students on RateMyProfessors.com need to straighten out priorities



EMILY ROVNER  
COLUMNIST

“Before registering for my classes each semester, I check RateMyProfessors.com to ensure that I get the hottest professors on campus,” said absolutely no one. It is no secret. We all use RateMyProfessors.com to plan out each and every semester.

It is what helps us decide whether the trek from College Hall to Bohn is worth it and if sitting in a three-hour class once a week will give us a good grade. It is our belief that RateMyProfessors will leave us with reliable reviews of our professors that will lead us to a successful semester.

However, we put an overwhelming amount of trust

in RateMyProfessors, which holds the reviews of a couple of anonymous voices.

When looking for professors, I usually find it rare to see more than 9-10 reviews. We should also be focusing on reviews created within the past few years.

There may be only one or two reviews per year on each professor’s profile. Since this leaves little information for students to consider, some may look back to reviews made as long ago as 2001. However, these reviews have become completely irrelevant since the content and the structure of a class changes over time.

That leaves few reviews to even consider. Then we have to account for biases and personal vendettas. Those are the reviews with the all too common “you suck, go home” tone.

This could include people who did not attend any of the

classes or did not do any of the assignments and somehow failed.

Also, we will have to make sure that reviews for a professor aren’t mixed, complicating the issue of choosing a review to go off of. After carefully removing those negative reviews, that leaves maybe four. Of those, can we really even consider a review that rates a professor’s hotness level?

That typically leaves us with three reviews. In most cases, the review is tailored to fit the course structure. It will say there are only three short essays and a test, but have little about their feelings on the professor.

This causes students to look for the specific class number. Chances are one of those three will not be from the correct course. That leaves the final two reviews: one of which is for an online class, the other

for a lecture. After looking at all of this, only one of which will be applicable to one’s needs.

RateMyProfessors could be a valuable tool to the students at Montclair State University, and we have to use it as such. If everyone took 20 minutes at the end of each semester to rate all their professors, it would be a great system.

Once you’re at a professor’s profile, it is very simple to rate them. There are only eight quick questions you must answer to post a review. With such an easy approach, there is no excuse not to post a rating for a professor.

Posting a review would help out every student on campus. People would have more up-to-date reviews to investigate and consider. We would no longer have to worry about a professor’s name not being

connected to a profile.

Every professor would have comments. This would make it effortless to choose a class that fits one’s learning style. We could make it so much easier for ourselves to finally have a great semester.

As of today, RateMyProfessors is an almost useless site for the population of Montclair State. Once we start to use it as the valuable tool it is, we will be able to reap the benefits.

By providing our own opinions, we can ensure a reliable system. Right now, we trust RateMyProfessors far too much for a website that rates a professor’s hotness level with a chili pepper.

*Emily Rovner, a Television and Digital Media major, is in her first year as a columnist for The Montclarion.*

### Concerning Editorials and Columns

Main editorials appear on the first page of the Opinion section. They are unsigned articles that represent the opinion of the editorial board on a particular issue. Columns are written by individuals and do not necessarily reflect the opinions of The Montclarion staff.




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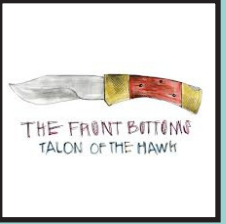
THE NEIGHBORHOOD  
I LOVE YOU



I love this band because it's a good mixture of chill and relaxed vibes and energetic beats. A new alternative band that actually stands out, The Neighborhood just had their most widely received album. I could listen to their music literally all the time.

Boyscout Maguire


THE FRONT BOTTOMS  
TALON OF THE HAWK



This album is very catchy but very simplistic in terms of style. A two-part band consisting of one guitarist and one drummer, this duo can fill a room with their sound. All of their music finds a way to be relevant to any listener.

Mike Poole


LOVE MANSUY  
MEANT IT



An up-and-coming artist from Canada, Love Mansuy's music production and voice come together to create this different sound that is becoming really popular and well liked. This album blends the experiences of Frank Ocean and The Weeknd. You can check out more of his music at [soundcloud.com/lovemansuy](https://soundcloud.com/lovemansuy).

Ebony Jackson


NO DOUBT  
THE SINGLES (1992-2003)



Listening to this compilation is like being teleported back to the late '90s, a real nostalgia trip like no other. It highlights some of the band's most prominent hits in what could be considered the greatest era of their career. If you're into ska rock/punk rock music, this album is guaranteed to be your anthem.

Monika Bujas


ALL OF ME  
JOHN LEGEND



It's a lovely song about a guy who is willing to love his girlfriend no matter what. It's a very heartwarming song that makes you believe there are still gentlemen out there. It's definitely a song to pay to your significant other to really feel the emotions between the words and the soft sound.

Kia Swinton

ALABAMA SHAKES  
BOYS & GIRLS



This album stands out because it's new, but it also has an older feeling to it. Singer Brittany Howard could pass for the love child of Janis Joplin and Robert Plant. Even her softer tones have a deep soulful air to them. She's definitely the stand-out of the band and the album has a good mix of slow songs and faster-paced rock.

Stephen Bodossian

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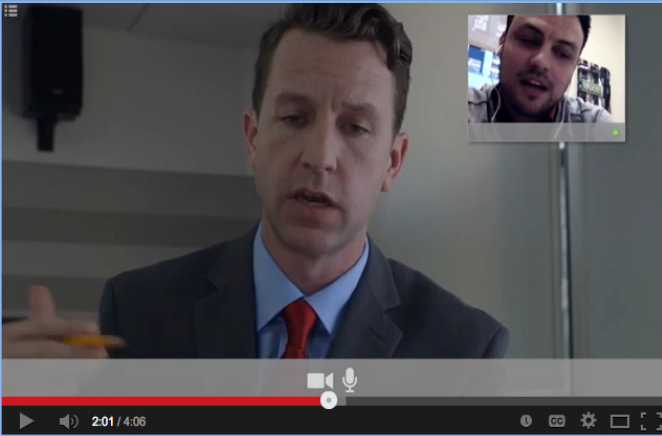
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Asst. Entertainment Editor

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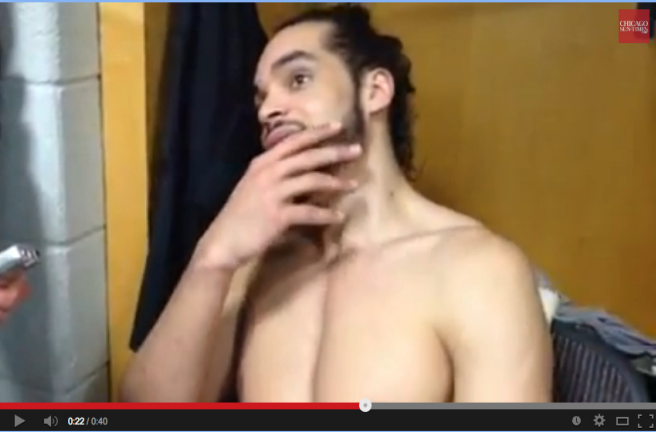
World's Toughest Job - #worldstoughestjob

The world's worst interview for what has to be the world's worst job is what this viral YouTube clip is about. A number of people are called for a fake video-interview for a terrible position. Cleverly, the interviewer phrases his questions in the most vague and non-descriptive way possible, only describing in detail what sounds like, and is, the cruelest of jokes.



X-Men: Days of Future Past | Official Trailer 3 [HD]

The new X-Men trailer is out and full of action. Toying with timelines, the creators of the latest sequel have carved themselves an interesting plot. A movie where a young Professor X, played by James McAvoy, meets an older one, played by Patrick Stewart, fans are sure to anticipate this movie. It's up to the X-Men to prevent a global disaster (when is it not.) Beloved actors like Halle Berry, Hugh Jackman and Jennifer Lawrence also return for this action-packed film.



Joakim Noah finds out it's snowing outside in Chicago

Joakim Noah feels like everyone else in terms of recent intense fluctuations in weather. Bringing his postgame interview to a complete halt, Noah does what anyone else would do: stroke his beard and ponder why Mother Nature would do this to her children. This 40-second video could bring someone to tears.

0:42 / 2:34



# ‘The Grand Budapest Hotel’

Theadora LeCour  
Assistant Entertainment Editor

*The Grand Budapest Hotel* is the latest masterpiece of critically acclaimed director Wes Anderson. The film tells the story of a man who dedicated his life to the swift functioning of a beautiful hotel. In the process, a priceless renaissance painting goes missing, or gets stolen by our protagonist.

What ensues is one hour and 40 minutes of comedy and suspense in a near perfect mixture. The movie wins the hearts of those who are film-obsessed and those who are not. Astoundingly beautiful sets and vivid coloring through the duration of the show provide the amount of spectacle reminiscent of early glamorous film.

Ralph Fiennes is the star of *The Grand Budapest Hotel* and gives a stunning performance of Gustave H, a man who takes a young boy under his wing as an apprentice. Taking place in the fashionable 1930s, the plot gives the audience many chances to

take in a certain extinct lifestyle. The film also takes place between the two world wars, as viewers get to witness how

not feel the need to save any talent this film could showcase.

Tony Revelori plays the

Jeff Goldblum and to your left you have Edward Norton. Across from me you'd have Willem Dafoe, there's Saoirse

were just talking about, like, Avatar and music and you're like, 'This is just unbelievable. How lucky am I?' And then all the hipsters in the world are crying." The 18-year-old was aware of the significant change in his acting career, referring to Zero Moustafa as a "breakthrough role..." Revelori spoke about in an interview with *Nerdist*.

Young Saoirse Ronan is also in the film, playing opposite Revelori. "You have an incredible company of actors," Ronan said in *Screen Crush*. "They've all got this excitement and enthusiasm for the work that really brought everyone together." She is known for her starring roles in *The Lovely Bones* and *The Host*.

*The Grand Budapest Hotel* is Anderson's most financially lucrative film of his career, grossing \$104 million at the box office. This movie has fun for people of every age and is worth the ticket.



Theatrics rising to new heights.

Photo courtesy of ew.com.

life in Europe is changing in the background. Star cameos in the movie include William Dafoe, Tilda Swinton, Bill Murray, Jude Law and Adrien Brody. Clearly, Anderson did

young Zero Moustafa, whose wide eyes and sincerity prove to be quite captivating. "There were moments, because at dinner, we're at these long tables and to your right you'd have

Ronan, there's Ralph Fiennes At the head of the table you have Wes. At the other head of the table you have Bill Murray and you're like, 'Oh, my god. This is amazing!' They



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Music On. World Off.

Jessica Mahmoud  
Contributing Writer

We all know finals are approaching, and sometimes it's great to get away from all the stress around us and just relax. So take a minute, plug in your headphones and try out these tunes. Well, download them first.

"Screen" - Twenty One Pilots

"Brave"- Sara Bareilles

"Dreamers" - Scavenger Hunt

"Believer" - American Authors

"Bravado"- Lorde

"Whistle for the Choir"- The Fratellis

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Dr. Kathryn Yeaton, Associate Professor of Accounting, and her class engaged in student presentations.

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**Awije Bahrami**  
Assistant Entertainment Editor

The intensity was always there. For the entire four hour-long concert, you couldn't help but jump and fist pump to the beat. From where we were sit-



Photo courtesy of inthemix.com

Everything was as anticipated. The only thing I would object to was the length of the concert. It could have been an hour or so shorter. People who are going to the next Armin Only Intense concert in Toronto this week should get ready to have a good time!

The image consists of two identical horizontal banners stacked vertically. Each banner has a light beige background on the left and a dark green background on the right. The top banner features a close-up of a hand holding a vibrant red rose. The text 'Save Energy.' is written in a green script font, and 'SAVE DATE NIGHT.' is in a bold, green, sans-serif font. The bottom banner features a red plastic shovel with a starfish on its handle and a blue metal bucket tipped over, spilling sand. The text 'Save Energy.' is in the same green script font, and 'SAVE VACATION.' is in the same bold, green, sans-serif font. Both banners include the slogan 'Saving Energy SAVES YOU MONEY.' in a white script font on the green background, followed by the website 'ENERGYSAVERS.GOV' in white, and the 'U.S. DEPARTMENT OF ENERGY' and 'Ad Council' logos in white.



Sports

Red Hawks Continue Historic Run

**Mike Panepinto**  
Staff Writer

The Montclair State University womens lacrosse team kept their winning streak alive by the skin of their teeth. Despite some tough contests, MSU was able to raise their record to 13-0 overall and 3-0 in the NJAC.

The Red Hawks are mysteriously not included in the NCAA's Division III rankings. "Every week, we are once again just placed under the category of receiving votes," said senior midfielder and captain Kelly Schoneveld. "This just makes us want to work harder at practice and continues to push us harder during games."

Montclair State traveled to Scranton, Pa. on April 2 for a matchup against the University of Scranton Royals. MSU was looking to exact some revenge this year after the Royals ended the Red Hawks' five-game winning streak last season. The first half was

fierce, as the teams were tied at four at the half. In the second period, Montclair State outscored Scranton 12-1 and won by a final score of 16-5.

Schoneveld matched a career-high with six goals during the contest. Conlon added four goals and three assists for MSU. Paraggio and freshman midfielder Francesca Verrone each chipped in with two goals. Maguire and freshman midfielder Emily Wong both notched one goal apiece.

On April 5, the Red Hawks returned home to Sprague Field to face off with the Richard Stockton Ospreys. Montclair State dominated throughout and won decisively 20-9. Conlon was the leading scorer with eight goals. Schoneveld contributed with six goals again. Junior attackers Vanessa Rey and Bussiere recorded three and two goals each, respectively. Paraggio pitched in with one goal for MSU.

With the win, the Red Hawks ended Stockton's

winning streak at six games. Sophomore defender Meredith King added a game-high seven ground balls for Montclair State. MSU took 30 more shot attempts on goal than the Ospreys (44-14).

On a windy April 8, the Red Hawks welcomed Kean to Sprague Field for a lacrosse game under the lights. Montclair State was able to walk away with a gritty 11-9 victory. MSU started the game on a 5-0 run, but the Cougars stormed back to score three straight. From there, the Red Hawks took an 8-5 lead with them to halftime. Kean would get as close as 10-9 in the second half, but a late goal from sophomore midfielder Kasey Maguire sealed the victory for Montclair State.

Schoneveld led the way for MSU with six goals for the third straight game. Junior midfielder Jenna Bussiere added two goals for the Red Hawks. Freshman attacker Aviana Paraggio and junior attacker Tierney Conlon both



Photo Courtesy of Sports Information.

Tierney Conlon passing to an open team mate.



Photo Courtesy of Sports Information.

Kelly Schoneveld races down the field to the goal.

chipped in with one goal each.

On April 12, the Red Hawks played at Rowan University where the Profs were a perfect 2-0 at home thus far. Montclair State gutted out a 14-11 victory. Schoneveld continued her hot streak by notching five goals for MSU. Conlon followed with three scores and two assists. Bussiere and Verrone each added two goals. Sophomore attacker Kara Crampton and Paraggio had one tally apiece.

On April 15, the Red Hawks traveled to Mahwah to take on the Ramapo Roadrunners. (Results were not available at press time.) This Saturday, April 19 at 1 p.m., Montclair State will welcome The College of New Jersey to Sprague Field. This will be MSU's final regular season home game and their senior day.

Schoneveld and King were selected as the NJAC Womens Lacrosse Offensive and De-

fensive Players of the Week, respectively. They helped lead Montclair State to only their third win in 22 all-time meetings against the Rowan Professors. Schoneveld leads the NJAC in goals scored (52) and points (59). King collected four caused turnovers for MSU during their most recent game.

The Red Hawks officially have the best start ever in program history and are working hard to keep that streak going.

Tri-captain Kelly Schoneveld spoke about how it feels to be a part of this record setting team. "I am more then elated to have the best start in program history," said Schoneveld. "I really believe that we have the potential this year to go undefeated. We just have to keep our eye on the prize."

Martial Arts Roundup: Nelson Scores Impressive KO, Grippo wins Absolute Gold

**Andrew Guadagnino**  
Staff Writer

There was much going on in the martial arts world this past weekend, most notably the International Brazilian Jiu-jitsu Federation New York Open on Saturday and the UFC Fight Night 40 in Abu Dhabi on Friday, April 11.

In the main event of UFC Fight Night 40, Roy "Big Country" Nelson knocked out Antonio Rodrigo "Minotaur" Nogueira at 3:37 of the first round of their fight.

Nelson (20-9, 7-5 UFC) was on the attack from the beginning, rocking the former UFC Interim Champion only seconds into their Heavyweight bout.

After sending Nogueira (34-9-1, 5-5 UFC) reeling and forcing him to fall back, he threw his signature overhand right, landing on Nogui- era's chin, stiffening him up as fell to the canvas. Referee Leon Roberts didn't even have to rush to intervene, as Nelson knew his opponent was out cold and casually walked away.

In the co-main event, Clay "The Carpenter" Guida outmatched Tatsuya "Crusher" Kawajiri in their three-round featherweight bout.

Guida (31-14, 11-8 UFC) set the pace, immediately dropping his opponent with an overhand right less than a minute into the bout. From there, he spent the match controlling Kawajiri with a strong top game, avoiding slick sub-



Photo Courtesy of mmablog.com

Poster for UFC Fight Night 40.

missions and using a smart ground and pound attack. At the end of the third round, all three judges gave the fight to Guida 30-27, handing Kawajiri (33-8-2, 1-1 UFC) his first loss at featherweight.

The IBJJF NY Open excited the fans that filled the Nat Holmann Gynmasium to watch skilled Brazilian Jiu-jitsu grapplers duke it out on the mats. This year featured a stellar lineup of black belts including Gianni Grippo, DJ Jackson and J.T. Torres just to name a few.

Torres of Atos JiuJitsu and Jackson of Team Lloyd Irvin squared off in a middleweight match that garnered much hype with a mass of spectators huddled up against the fence that surrounded the competition area.

The two former teammates faced off immediately for gold, as they were the only athletes registered for their division. As the bout began, Torres pulled guard on Jackson, forcing him to play into his game. For the majority of the match, Torres controlled the position, keeping Jackson in his guard.

At a few points, Jackson nearly passed the guard but with expert poise, Torres kept him at bay. As no points were scored, it was up to the referee to decide the match and he determined that Torres earned the win through his control off his back.

In the absolute division (All weights), the fans were treated to a very interesting matchup with Gianni Grippo of Alliance Marcelo Garcia and AJ Agazarm of Gracie Barra making it to the black belt final.

With both jiu-jitsu fighters being promoted to black belt within the past year, the match seemed to be fairly even on paper, yet when the match started, it became clear that Grippo had a slight edge.

After Agarzam whiffed on an early takedown, Grippo pulled guard to stifle any further attempt at gaining control. While the Gracie representative was looking to "stack" Grippo and pass his guard, Gianni had other plans, taking advantage of an opening and using the berimbolo technique to take his opponent's back.

From there, he controlled the position. As Agarzam rose to his feet as the match concluded, Grippo let out a yell, celebrating his 4-0 victory.

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# Baseball Turns Season Around

**Joe Stanley Kurp**  
Staff Writer

The Montclair State baseball team strived to keep their heads up against some of the stiffest competition they had ever faced.

Huge games against teams including Keystone College, Ramapo and Richard Stockton sought to make the team learn how to fight under constant pressure and stack themselves against tough competition.

On April 9, at Yogi Berra Stadium, the Red Hawks were rocked from start to finish by Keystone College as they were defeated 15-0, thanks in part to Keystone's offense scoring six runs in the fourth inning and eight runs in the fifth inning, followed by an extra run in the seventh off Red Hawk pitching.

The loss had two hits from sophomore leftfielder Keith Murphy. Freshman right-hander Nick Listro

pitched the first three innings, allowing four hits and striking out two.

The next day, in the first game of a home-and-home series at Ramapo, the Red Hawks were shut out again, as they were defeated 9-0 thanks to Ramapo's offense scoring seven runs off of sophomore lefthander Michael Macchia and the Montclair State offense.

They fell victim to a complete game four-hit shutout by Ramapo righthander Nick Thorgersen. The loss would mark the first time that Montclair State was shutout in back-to-back games since 1983 and the fifth time in school history. Despite the loss, senior third baseman Connor Abreu had three hits on offense.

The Red Hawks were able to get their team, especially their offense, back on track in the second game on April 11 at Yogi Berra Stadium.

The Red Hawk offense gained as junior pitcher Christopher Reynolds hit an RBI single in the third inning to give Montclair State a 1-0 lead and end a 20-inning offensive drought.

The Red Hawks enlarged their lead 2-0 later in the inning on a sacrifice fly by freshman outfielder Philip Scott that scored senior infielder Lou Martini. This would add two more runs in the fourth inning on an RBI groundout from freshman outfielder/catcher Ryan Long and an RBI single by Abreu.

Most impressively, the Red Hawks got a stellar pitching performance from junior lefthander Jonathan Torregroza pitching a complete game, allowing one run and eight hits while striking out three and walking two, along with plenty of help from his defense in a 105-pitch performance.

The efforts on offense and defense paid off, as Montclair State took the second game of the home-and-home series with Ramapo 4-1 and found themselves back on track.

On Saturday, April 12, Montclair State found themselves in a home doubleheader at Yogi Berra Stadium with Stockton. In the first game, it was a scoreless battle until the bottom of the seventh inning, when senior utility man P.J. Jennings hit an RBI single to give Montclair State a 1-0 lead.

That run and a complete-game, four-hit shutout from senior lefthander Dylan Papa were just about what the Red Hawks needed, as they won the first game of the doubleheader 1-0.

In the second game, Montclair State had a 3-1 lead at the end of five innings thanks to an RBI single by Martini, an RBI groundout by Reynolds in the first inning and an RBI single by Scott in the third inning.

However, Stockton rallied, scoring one run in the top of the sixth inning and two runs in the top of the seventh



inning to take a 4-3 lead.

Stockton's lead wound up being short-lived. In the bottom of the seventh inning, Montclair State tied the game 4-4 on a bases-loaded walk by Long and took a 5-4 lead on a sacrifice fly by Reynolds.

The Red Hawks also added four runs in the bottom of the eighth inning on an RBI double by senior infielder Cody Pace, a two-run single by Abreu and an RBI single by Long to take a 9-4 lead.

Along with the nine runs, Montclair State also got stellar pitching performances from freshman righthander Connor Lindsay and senior reliever John Silvestri.

Lindsay pitched the first 5 1/3 innings, allowing two runs and six hits while striking out three and walking two while Silvestri took the win, pitching the last 3 2/3 innings in relief, allowing two unearned runs and four hits while striking out two.

A nice mix of offense and defense was just what Montclair State needed, as

they won the second game 9-4 and swept the doubleheader.

"I believe that our team is looking to come together nicely," said senior pitcher Louis Pimpinella. "Our focus is pretty high as it usually is every year, but to maintain it as the season progresses, we just need to stay up in the dugout and not get too down on ourselves if someone makes a mistake, error or if we start the game behind the lead."

Now 11-13 on the season and 6-4 in NJAC play, the Red Hawks now find themselves on a three-game winning streak. The results for the game on Tuesday, April 15 against Rensselaer Polytechnic Institute and The College of New Jersey on April 17 were not available at press time.

The Red Hawks continue their series on the road at TCNJ on Friday, April 18 at 3:30 p.m. followed by a weekend doubleheader on the road at Rowan University on Saturday, April 19 with game times at 11:30 a.m. and 3:30 p.m.



Photo Courtesy of Sports Information.  
Christopher Reynolds anticipates a pitch.

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# WHO'S HOT THIS WEEK



**Alisha Cumberton**  
**Catcher — Softball**  
Cumberton's hitting has really turned around as of late and her base running won them a game in extra innings last week.

**SEASON STATS**  
**HITS - 19**  
**RBI'S - 8**  
**BATTING AVG. - .275**

# WHO'S HOT THIS WEEK



**Rasheed Amilcar**  
**Sprinter — Track and Field**  
Amilcar recorded two top five finishes by himself and one in the 4x400 in his most recent track meet. He placed third in the 400 fourth in the 200.

**RACE TIMES**  
**200M - 22.47 SEC.**  
**400M - 49.58 SEC.**  
**4X400M - 3:20.74**

# GAME OF THE WEEK

**Softball**  
**vs. Kean**  
**April 19, 1 p.m.**



**The Red Hawks host Kean this coming Saturday. Come out and cheer for the team.**

**For updates, check out:**  
**[www.montclairathletics.com](http://www.montclairathletics.com)**  
**and follow**  
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# Hill Continues to Dominate

**Nick Verhagen**  
Sports Editor

To no surprise, the Red Hawks improved their record to 25-1 with wins over Ramapo College and The College of New Jersey last week. There isn't much to say about MSU's first game against Ramapo. A defensive battle, the two teams recorded a combined 12 hits across eight innings. Tied 0-0, the Red Hawks finally pulled away with the win thanks to a Dana Amato RBI double that drove in Alisha Cumberton. As usual, Alex Hill completely dominated the opposition with 17 strikeouts to pick up her 16th win of the season.

In the second game, the Red Hawks played almost identically to the first except, this time, managed to successfully drive in the runners. Not pitching in the second game, Hill got the chance to show what she could do at the plate and did so immediately when she drove in two runs on a first-inning triple. Along with Hill's two RBIs, Brianna Davidson drove in two of her own with a double in the first and

a single in the fifth. A few days later, the Red Hawks hit the road for a doubleheader against the Lions of TCNJ in what would end up being another eight-inning contest. Once again tied at 0-0 in the eighth, MSU broke away from the Lions with RBI singles from Cumberton and Hill. Pitching all eight innings, Hill recorded 11 strikeouts and one walk. The second game against TCNJ also started relatively slow before MSU took the first step towards a win. After an error and sacrifice bunt gave MSU the 1-0 lead, a single by Tara Petrucelli brought home two more runs to end the fourth inning up 3-0. After a scoreless fifth, the Red Hawks scored two more on RBI singles from Petrucelli and Jaclyn Allegretta for the final score of 5-0. As Wednesday came along, the Red Hawks took on Jersey City University. Though the day was on the cold side that had no affect on the hot streak of the Red Hawks as they took the field. Alex Hill pitched the first game and preceded to add 9 strikeouts to her already impressive record. Dana Amato hit a three run home run in the game to put the Red Hawks up 4-0 in



First baseman Tara Petrucelli hits the ball.

Photo Courtesy of Sports Information.

the fifth. From there Montclair preceded to continue to score as they went on to run rule the Jersey city Knight scoring four more runs to put them up 8-0 through five innings played. As the second game started the Red Hawks scored early as Jaclyn Allegretta drove in Brianna Davidson. As the fourth inning came around, Montclair State scored

throughout the fourth putting them up 7-0. In the fifth inning Dana Amato took to the plate and hit a single allowing Jaclyn Allegretta to score. Once again the NCAA run rule was put into effect and the Red Hawks advances to 27-1 over the entire season. Next on the list for MSU is NYU-Poly on Thursday, April 17 at 3 and 4:30p.m.







# MSU Sports



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## Nicosia Henry: A Red Hawk In and Out

**Rob Rowan**  
Assistant Sports Editor

“Dedicated, determined and passionate,” are three words star Montclair State womens basketball guard Nicosia Henry used to describe her basketball career.

As she showed up for our interview, she put a pair of track shoes into her backpack. Very humble and well spoken, Henry took a minute to reflect on her career as a Red Hawk. The team made it to the Elite 8 this year in the NCAA Womens Basketball Tournament with help from Henry.

Henry’s basketball career started when she was in the fifth grade, following in the footsteps of three of her brothers who also played basketball. “As my dad noticed I was getting taller, he put me into sports,” Henry said. She took to basketball and went on to play varsity for her high school team in Bolingbrook, Ill.

Her prominence in high school led to her being recruited by Seton Hall to play on their Division I team. Unfortunately, her time playing at Seton Hall was cut short, as a stray bullet hit her ankle from someone kicked out of a party she was attending.

That, coupled with the pressure of playing on a Division I team, took their toll on a young Henry. She decided to transfer here to the Red Hawks with the help of head coach Anne Donovan, who got

in contact with MSU head coach Karin Harvey.

“I had a friend at Montclair State and it was between here and Centenary,” remarked Henry on her decision to don the Red Hawks jersey.

The unity and diversity of the team coupled with the good academics and fashion program sold Henry on attending Montclair State. She cites the main differences between playing D-I and D-III basketball having no media timeouts and the height of the players.

“The average center in D-I is 6’1” while a D-III center is a little shorter.” She also remarked that in D-III, one sees more well rounded players as opposed to players who stick to only one position or only one role on the team. After joining the Red Hawks, the team had an impressive 57-4 combined

record over the course of Henry’s two years on the team.

In regards to her last season playing basketball, Henry said that it was amazing and she would remember it regardless of how good their record was.

“The team finished as strong as we could have,” she says. When choosing the one game to define her entire college career, it would be the NJAC Championship against William Paterson where the Red Hawks won 67-64. In the game,

Henry cited her ability to adapt to different roles and be a well-rounded player as her biggest contribution to the team overall. “I love to give and I gave my team as much support as I could in that game.”

When I asked her if there was anything about her



Photo Courtesy of Sports Information.

Nicosia moving the ball down the court.



Photo Courtesy of Sports Information.

Nicosia looking at her options to get the ball down the court.

remarked on her choice to join the track team.

When I asked about future plans, “graduate” was the first word out of her mouth, but she also hopes to continue to play basketball and go pro. She also hopes to open her own design company and give back to the community. With Nicosia’s great attitude, I’m sure she can go on to accomplish anything she wants to.

Give us your feedback!  
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The Montclarion/ Nick Verhagen

Nicosia cutting down the net after becoming an NJAC Champion.

time at Montclair State, Henry said that she wouldn’t have changed a thing. It was the adversity that the team faced that made them a stronger unit and brought them to the success that they have today.

Certain athletes have also inspired Henry to continue with basketball, the biggest being her favorite player Sylvia Fowels of the Chicago Sky in the WNBA. Other notable athletes include Fowels’s teammate, Epiphanny Prince, Cappie Pondexter of the New York Liberty and Seimone Augustus of the Minnesota Lynx.

Henry’s basketball career at MSU may be over, but her athletic career as a Red Hawk is not over yet. Henry runs the 4x400m relay on the track and field team. “I used to run in high school and I want to stay a Red Hawk,” Henry



Photo Courtesy of Sports Information.

Nicosia avoiding two defenders to put up the ball.

pg. 20

Red Hawks Continue Historic Run  
Martial Arts Round Up

pg. 21

Baseball Turns Season Around



pg. 23

Hill Continues to Dominate  
Players/Game of the Week